Governor's Council on Alcoholism and Drug Abuse
Fiscal Grant Cycle October 2020-June 2025
FORM 1A

Approved:
____ YES _____ NO
Date:

STRATEGIC PLAN FOR FUNDING MUNICIPAL ALLIANCES

Grant Year: FY2024 Alliance Tier __1___

APPLICANT MUNICIPALITY/IES: South Amboy	COUNTY: Middlesex
ALLIANCE NAME: South Amboy Municipal Alliance	ALLIANCE WEBSITE: http://www.southamboynj.gov
ALLIANCE STREET ADDRESS: 140 North Broadway TOWN: South Amboy STATE: NJ ZIP: 08879	
TELEPHONE: (732) 525-5932	FAX: (732) 727-0650
ALLIANCE CHAIRPERSON: Kim Seber STREET ADDRESS: 140 North Broadway TOWN: South Amboy STATE: NJ ZIP: 08879 EMAIL: rootstoaddiction@yahoo.com	ALLIANCE COORDINATOR: Kathy Kudelka STREET ADDRESS: 140 North Broadway TOWN: South Amboy STATE: NJ ZIP: 08879 EMAIL: kudelkak@southamboynj.gov
DATE OF RESOLUTION AUTHORIZING THE STRATEGIC PLAN (MM/DD/YYYY): 12 /14 / 2022	

A) Alliance DEDR Allocation	$ 6,288
B) Cash Match (must be 25% of DEDR Allocation)	$ 1,572
C) In-Kind Match (must be 75% of the DEDR Allocation)	$ 4,716
TOTAL ALLIANCE BUDGET (add A+ B+C)	$ 12,576

*MUNICIPALITY	NAME/ MAYOR/Head of Governing Body	SIGNATURE
South Amboy	Fred A. Henry	Fred A. Henry
*MUNICIPALITY	NAME/TITLE OF GOVERNING BODY REPRESENTATIVE	SIGNATURE
South Amboy	Michael Gross, Council President	
*MUNICIPALITY	NAME/TITLE OF GOVERNING BODY REPRESENTATIVE	SIGNATURE
South Amboy	Dan Balka, CFO	
*MUNICIPALITY	NAME/TITLE OF GOVERNING BODY REPRESENTATIVE	SIGNATURE

ALLIANCE CHAIRPERSON	SIGNATURE	DATE
Kim Seber	Kimberly Seber	4/21/2023

*** If a municipality is part of a consortium, a signature and resolution is required from all participating municipalities entering into the agreement. Signatures hereby accept all components of this grant including membership terms, Statement of Assurances and Fiscal Requirements.**

Governor's Council on Alcoholism and Drug Abuse
Fiscal Grant Cycle October 2020-June 2025

RESOLUTION NO. 22-211

FORM 1B

WHEREAS, the Governor's Council on Alcoholism and Drug Abuse established the Municipal Alliances for the Prevention of Alcoholism and Drug Abuse in 1989 to educate and engage residents, local government and law enforcement officials, schools, nonprofit organizations, the faith community, parents, youth and other allies in efforts to prevent alcoholism and drug abuse in communities throughout New Jersey.

WHEREAS, The City Council of the City of South Amboy, County of Middlesex, State of New Jersey recognizes that the abuse of alcohol and drugs is a serious problem in our society amongst persons of all ages; and therefore, has an established Municipal Alliance Committee; and,

WHEREAS, the City Council further recognizes that it is incumbent upon not only public officials but upon the entire community to take action to prevent such abuses in our community; and,

WHEREAS, the City Council has applied for funding to the Governor's Council on Alcoholism and Drug Abuse through the County of Middlesex;

NOW, THEREFORE, BE IT RESOLVED by the City of South Amboy, County of Middlesex, State of New Jersey hereby recognizes the following:

1. The City Council does hereby authorize submission of a strategic plan for the South Amboy Municipal Alliance grant for fiscal year 2024 in the amount of:

DEDR	$ 6288.00
Cash Match	$ 1572.00
In-Kind	$ 4716.00

2. The City Council acknowledges the terms and conditions for administering the Municipal Alliance grant, including the administrative compliance and audit requirements.

APPROVED: Fred Henry
Fred Henry, Mayor

I, Deborah Brooks, Municipal Clerk of the City of South Amboy, County of Middlesex, State of New Jersey, hereby certify this to be a true copy of a resolution adopted by the City Council on December 14, 2022.

Deborah Brooks
Municipal Clerk

	Moved	*Seconded*	*Ayes*	*Nays*	*Absent*	*Abstain*
DATO	X		X			
McLAUGHLIN			X			
NOBLE		X	X			
REILLY			X			
GROSS			X			

Governor's Council on Alcoholism and Drug Abuse
Fiscal Grant Cycle July 2020-June 2025

FORM 2

ALLIANCE VISION AND MISSION

South Amboy Municipal Alliance **County: Middlesex** **Last Updated: 11/06/2019**

Municipal Alliance Vision: A vision statement describes what the Alliance seeks to accomplish. It is the difference between "what is" and "what ought to be". Example: The vision for Utopia Alliance is a healthy, vibrant community free of misuse and abuse of alcohol, tobacco and other drugs.	The vision of the South Amboy Municipal Alliance is to provide a drug-free community and enhance the quality of life of our citizens.
Municipal Alliance Mission: A mission statement describes the Alliance's role in making the vision a reality. This statement often explains the unique role the group plays in facilitating a robust community problem solving process directed at substance abuse. This is the vehicle to achieve the vision. Example: The mission for the Utopia Alliance is to transform the town of Utopia into a community that nurtures youth and families by engaging residents in a process of ongoing community problem solving to reduce substance abuse.	The Alliance will collaborate with our community schools, police, businesses, organizations and community to coordinate prevention, education and awareness programs regarding underage drinking and alcohol use, tobacco, marijuana and other drug use, and vaping as well as other educational programs to enhance the quality of life of our citizens.

Governor's Council on Alcoholism and Drug Abuse
Fiscal Grant Cycle July 2020-June 2025

FORM 3

MUNICIPAL ALLIANCE COMMITTEE MEMBERSHIP LIST

Alliance Name: South Amboy County: Middlesex Grant Year: 2024
Last updated: 07/30/2023

INDIVIDUAL REPRESENTATIVE		TERM	SECTOR
Michael Gross		**4 years**	Mayor and/or/governing body (or designee)
Lt. Det Daniel Holovacko		**4 years**	Chief of police (or designee) and other law enforcement agencies
Janet Kern		**4 years**	School district administrative staff and/or school board member
Frederick Williams		**4 years**	Student assistance coordinator or other student support services staff member
Judy Grover		**4 years**	A representative of the Parent-Teacher Association or other Home-School Association
Jaclyn Keegan-Kelly		**4 years**	Parents and/or guardians
		4 years	A representative from Youth Services Organizations
		4 years	A representative of the Chamber of Commerce or local businesses
Jeanine Seber		**4 years**	Representatives of local civic or volunteer groups
		4 years	Representatives of local Faith Based Organizations
Kimberly Seber		**4 years**	Private citizens with interest or experience in issues concerning alcohol or drug abuse, addiction or juvenile delinquency
Dani Kudelka		**4 years**	Youth representatives
Camille Tooker		**4 years**	Older adult representatives
Pat Walsh		**4 years**	Individuals who have been affected by alcoholism or drug abuse, including individuals who have been directly affected by their own or family members abuse or addictions
Cathy Housman, RN		**4 years**	Health and Human Service agencies/professionals; especially health care professionals including Pharmacists, Physicians or Therapists, etc.
		4 years	Representatives of the local communications media; or Public Relations
Penelope King **Anna Lauro** **Matthew Kondracki**		**4 years**	Representatives of public and private organizations involved in the prevention or treatment of alcoholism and drug abuse and/or the regional coalition

ACTIVELY RECRUITITNG TO FILL VACANCIES

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented: Teacher/Guidance Counselor
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**
   Are youth accessing from the home? Are there common places where drinking takes place? Are accidents related to drinking and driving? ETC? What factors do you believe are causing these problems?

   I don't see / hear much about alcohol with students nowadays. Some say they went to a party or two, but it really has slowed down.

2. **What problems related to prescription medication misuse do you see in your community?**
   Are people sharing prescriptions? Where are they accessing prescription medications? What factors do you believe are causing these problems?

   I do not have much info on prescription drug use in the community /school

3. **What problems related to marijuana use do you see in your community**
   Are youth vaping marijuana? Where are they accessing marijuana? What factors do you believe are causing these problems?

   They are vaping heavily. Black market / street. Access to the drug through someone who has medical card, dealer able to get more for less. Small town etc.

3. **What problems related to marijuana use do you see in your community?**

I see marijuana usage severely increasing, I have had many conversations with parents who think marijuana usage and vaping is no big deal. Unfortunately, it's very much "accepted" as the lesser of the evils.

Are youth vaping marijuana? Where are they accessing marijuana? What factors do you believe are causing these problems?

Yes, youth are vaping THC – I am unsure where the access is coming from, I can only assume the internet and vape shops. I believe minimizing/normalizing marijuana usage is one of the main problems. We as a society are becoming "OK" with marijuana usage, its normalization is becoming as much accepted as alcohol usage and nicotine usage become. I reiterate above that many parents I have personally spoken to do not believe marijuana is a problem substance and do not believe it's addictive. Many adults are also unaware of the impact on the youth's brain and on those with mental health disorders.

4. **What problems related to tobacco use do you see in your community?**

Driving while under the influence is one of the main issues I have witnessed.

Are youth vaping tobacco products? Are there common places where vaping or smoking take place? Etc.? What factors do you believe are causing these problems?

Yes, youth are vaping tobacco products it visible everywhere, walking down the street, in school. The factors I see are the falsehood that vaping is safe, its accepted as a safe alternative to cigarettes and it "cool" to teens. Its shocking and alarming how many parents I hear say "it' no big deal"

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented: Private Citizen
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**

   IE: are youth accessing from the home? Are there common places where drinking takes place? Are accidents related to drinking and driving? ETC? What factors do you believe are causing these problems?

   I have seen youth using at home, I feel one of our problems is parents would prefer that youth drink at home so they can ensure they are safe, not realizing that hosting underage drinking is not only putting youth at risk but also parents at risk of issues relating to parental responsibility. I have also witnessed adults purchasing alcohol for youth at local retail stores that sell alcohol.

2. **What problems related to prescription medication misuse do you see in your community?**

   Are people sharing prescriptions? Where are they accessing prescription medications? What factors do you believe are causing these problems?

   Problems are with lack of education medication safety; proper storage within the home. Also, what prescription medication have high abuse rates. We also have a senior center and I don't see our seniors being educated as a risk factor with their medication. Seniors are many times vulnerable to family members dipping into their prescription medication.

3. **What problems related to marijuana use do you see in your community**

   Are youth vaping marijuana? Where are they accessing marijuana? What factors do you believe are causing these problems?

   The youth is vaping marijuana through pens and through juul pods that are refilled with the oils used to vape marijuana. Marijuana is VERY accessible with our community. If I wanted to buy a pod filled with oil or even as much as an ounce, it would be accessible in town through very public advertisement on kids' social media and work of mouth. I think that the factors that are causing these problems are the lack of education and how much marijuana has been normalized with society on a wide scale. It scares me because I know of a few people in town that have died from laced marijuana. A good tell of which houses sell marijuana are that the houses that sell tie a pair of shoes together and hang them form the telephone wire in front of their houses.

4. **What problems related to tobacco use do you see in your community?**

   Are youth vaping tobacco products? Are there common places where vaping or smoking take place? Etc.? What factors do you believe are causing these problems?

   The issue is that tobacco products are accessible to the community. When my friends were 13, they were able to buy cigarettes from the Exxon gas station on the way to school because the vendor would sell the cigarettes for an inflated price to them. Behind the firehouse was very commonplace to smoke but honestly kids smoke all over. I feel that cigarette use has been declining greatly but the amount of kids that vape though the juul has skyrocketed. I think that's what is causing these problems are accessibility and normalization with the community.

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented: School Board Member
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**

   IE: are youth accessing from the home? Are there common places where drinking takes place? Are accidents related to drinking and driving? ETC? What factors do you believe are causing these problems?

   There is a wide range of underage drinking in town. In high school this took place near the railroad track right underneath Red Bridge. This has been a tradition in the town for a very long time and that tradition has been passed down generation to generation. This is one of the spots that I feel are dangerous for our youth because the mix of alcohol and being right next to a train (that is active) can only result in issues. I think what is causing this problem is the normalization of the activities from past generations. When things are seen as a tradition, they are seen as bad judgement because its been happening for so long. There are also stores in town that have a reputation to sell tobacco products and occasionally alcohol (not as often as tobacco products) to minors. This can most likely be the source of their supply.

2. **What problems related to prescription medication misuse do you see in your community?**

   Are people sharing prescriptions? Where are they accessing prescription medications? What factors do you believe are causing these problems?

   I think that the prescription medication misuse in town is the result of our low-income housing dealing. Also, I know that some deals happen at the Amboy Hotel right near the highway. I think the train station is a main spot where prescription drugs are cycled into the town and some people use right in the bathroom of Dunkin' Doughnuts.

2a. What factors do you believe are causing these problems?

They are more than likely being sold at school too. Can be purchased off the internet by tech savvy teens then sold on streets/school. Easier now to access.

3. **What problems related to marijuana use do you see in your community Are youth vaping marijuana? Where are they accessing marijuana? What factors do you believe are causing these problems?**

Absolutely yes that we have teens vaping marijuana. Accessing from street, friends and on internet. We have people coming into train station selling there then hoping back on the train.

3a. What factors do you believe are causing these problems?

Popularity of vaping and easy access to it. Using it to self-medicate themselves due to mental health issues, loneliness and poor self-esteem. Lack of supervision

4. **What problems related to tobacco use do you see in your community? Are youth vaping tobacco products? Are there common places where vaping or smoking take place? Etc.? What factors do you believe are causing these problems?**

Absolutely they are vaping tobacco products. While walking on the streets, at home, in backyards, in secluded areas in the community and driving in cars with friends.

4a. What factors do you believe are causing these problems?

Trying to fit in with peers, have parents that smoke.

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented: Civic/Volunteer Group
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**
   Are youth accessing from the home? Are there common places where drinking takes place? Are accidents related to drinking and driving? ETC? What factors do you believe are causing these problems?

   Quite common for youth to get from their homes. Youth drink in homes, many parents now allow it. Have to identify secluded areas in town where they still go to drink, i.e. tracks by the train bridge. Drinking and driving I believe is still very common for youth, while cruising around town.

   1a. What factors do you believe are causing these problems?

   Factors to consider lack of supervision, single parent homes, parental substance abuse issues, parental mental health issues, along with youth mental health concerns, domestic violence, access to technology for illegal IDs, drugs and alcohol. Lack of positive community venues/activities for teens.

2. **What problems related to prescription medication misuse do you see in your community?**
   Are people sharing prescriptions? Where are they accessing prescription medications? What factors do you believe are causing these problems?

   I believe that it is easier now days acquire prescription drugs than alcohol. I absolutely believe that youth share/sell their own, as well as parents prescription drugs. When at house parties they are stolen from med cabinets and from bedrooms dressers.

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented:Teachers/Guidance
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**
   [Prompt: Are youth accessing alcohol at home? Are there common places where drinking takes place? Are there accidents related to drinking and driving? etc.]

   Youth are accessing alcohol from their homes and by asking adults in town to purchase it for them. Teens mention that they drink in abandoned building, construction sites, the area behind the YMCA, the rain tracks and at house parties.

   1a. What factors do you believe are causing these problems?

   Lack of Supervision and accessibility are definite factors.

2. **What problems related to prescription medication misuse do you see in your community?**
   [Prompt: Are people sharing prescriptions? Where are they accessing prescription medication? etc.]

   Youth mention using Xanax, ADHA meds and Zoloft. They are accessing prescription medication on the streets of town and in their own homes.

   2a. What factors do you believe are causing these problems?

   Doctors over prescribing and lack of supervision add to issue.

3. What problems related to marijuana use do you see in your community
[Prompt: Are youth vaping marijuana? Where are they accessing marijuana? etc.]

Youth are vaping marijuana. Parents have said "It's only marijuana" when finding out their child tested positive on a drug test. Some youth can access marijuana in their homes. Some know how to inject pods with marijuana.

3a. What factors do you believe are causing these problems?

Vaping allows youth to smoke marijuana much more discreetly.

4. What problems related to tobacco use do you see in your community?
[Prompt: Are people vaping tobacco products? Are there common places where vaping or smoking take place? etc.]

Yes, youth are vaping tobacco and quickly becoming addicted. Vapes can now be purchased for one dollar which increases accessibility. Vaping can take place just about anywhere, because of the lack of smoke, minimal smell and design.

4a. What factors do you believe are causing these problems?

Some factors of increased use of vapes are advertising and branding directed at teens, relatively low price and teens not recognizing the health dangers and undiscovered long-term side effects of continues vaping. Lastly in some cultures it is acceptable for teens to vape or smoke cigarettes.

FORM 4A: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 1 for Conducting Focus Groups and Key Informant Interviews

Municipal Alliance: South Amboy	County: Middlesex
Name of Key Informant (if FG, use an attendance list):	Sector Represented:Teachers/Guidance
Person Conducting Interview/Focus Group: Kathy Kudelka	Date of Interview: September 27,2019

This worksheet is intended to provide introductory questions for your focus group sessions and/or key informant interviews during your need's assessment process. Add additional questions as needed.

1. **What types of problems related to underage alcohol use do you see in your community?**
   [Prompt: Are youth accessing alcohol at home? Are there common places where drinking takes place? Are there accidents related to drinking and driving? etc.]

   Youth are accessing alcohol from their homes and by asking adults in town to purchase it for them. Teens mention that they drink in abandoned building, construction sites, the area behind the YMCA, the rain tracks and at house parties.

   1a. What factors do you believe are causing these problems?

   Lack of Supervision and accessibility are definite factors.

2. **What problems related to prescription medication misuse do you see in your community?**
   [Prompt: Are people sharing prescriptions? Where are they accessing prescription medication? etc.]

   Youth mention using Xanax, ADHA meds and Zoloft. They are accessing prescription medication on the streets of town and in their own homes.

   2a. What factors do you believe are causing these problems?

   Doctors over prescribing and lack of supervision add to issue.

3. What problems related to marijuana use do you see in your community
[Prompt: Are youth vaping marijuana? Where are they accessing marijuana? etc.]

Youth are vaping marijuana. Parents have said "It's only marijuana" when finding out their child tested positive on a drug test. Some youth can access marijuana in their homes. Some know how to inject pods with marijuana.

3a. What factors do you believe are causing these problems?

Vaping allows youth to smoke marijuana much more discreetly.

4. What problems related to tobacco use do you see in your community?
[Prompt: Are people vaping tobacco products? Are there common places where vaping or smoking take place? etc.]

Yes, youth are vaping tobacco and quickly becoming addicted. Vapes can now be purchased for one dollar which increases accessibility. Vaping can take place just about anywhere, because of the lack of smoke, minimal smell and design.

4a. What factors do you believe are causing these problems?

Some factors of increased use of vapes are advertising and branding directed at teens, relatively low price and teens not recognizing the health dangers and undiscovered long-term side effects of continues vaping. Lastly in some cultures it is acceptable for teens to vape or smoke cigarettes.

FORM 4B: Strategic Prevention Framework: Step 1 Needs Assessment

Worksheet 2 for Analyzing Focus Groups and Key Informant Interviews

South Amboy Municipal Alliance **11/07/2019**

Analyzing Focus Group / Interview Information
*Use this summary sheet to help capture the general themes that emerged from **all** focus groups and/or interviews, as well as differences that you noticed.*

Summary Findings	
How many focus groups did you conduct?	0
How many interviews did you conduct?	5
How many participants attended in total?	5
What stakeholders were represented in your focus groups and/or key informant interviews? • School district administrative staff and/or school board member • Private citizens with interest or experience in issues concerning alcohol or drug abuse, addiction or juvenile delinquency • Representatives of local civic or volunteer groups • Parents/Guardians • Guidance Counselor	
What did you learn about your root causes and local conditions? There appears to be favorable attitudes towards vaping with our youth. The ease and access to marijuana &/or vaping paraphernalia is quite evident. The popularity of vaping and marijuana use has expanded significantly in schools, cars, home and generally within our community. Alcohol use amongst underage minors continues to pose an issue. Again, the ease and access to get alcohol is evident along with normalization of underage drinking. Parents provide a safe haven for underage drinking to occur.	
What problems were discussed most commonly across your focus groups and/or key informant interviews? Describe these common problems. Underage drinking and vaping/marijuana use was highlighted by the majority of respondents. Ease and access of use has expanded exponentially especially with vaping. Common trends seem to be lack of supervision, normalization of underage drinking/vaping/marijuana, expanding social media trends, etc.	

Governor's Council on Alcoholism and Drug Abuse
Fiscal Grant Cycle July 2020-June 2025

FORM 5
Municipal Alliance Committee Capacity Assessment Tool

Alliance Name: South Amboy **County: Middlesex** **Grant Year: FY21** **Last Updated: 10/01/19**

The assessment tool serves as BOTH a tool to evaluate the current capacity of the Municipal Alliance Committee and a resource to build-up and strengthen the structure and function of the Committee. The goal is to increase the Municipal Alliance's community identity and participation to affect community-wide change.

- At a minimum, the assessment check list must be completed and included in the Strategic Plan and annual updates
- On a quarterly basis, it is recommended that the Municipal Alliance Committee will evaluate their Improvement Plan section.
- At a minimum, the outcomes of the Improvement Plan section will be reviewed by the county at the annual Site Visit.

It is important that the Improvement Plan be reassessed on a regular basis as capacity building is an ongoing and fluid process which is subject to both internal and external changes.

Overall Section Score: Committee Members rate the Municipal Alliance's overall score in each category.
Scores are rated '1 through 5'; 5 is the highest score and 1 is the lowest score.
All categories rated 2 or below must be addressed in the improvement plan section
The committee may choose to strengthen any categories rated '3' or above

Date of Assessment: 10/01/2019 Number of members participating in the assessment: 5

Governor's Council on Alcoholism and Drug Abuse
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Category	*Considerations*	*Overall Section Score*	*Successes/Challenges/Comments*	*Improvement Plan* ***Steps to build & strengthen structure and function.***
A. Membership (see suggested sectors on Form 3)	1. All sectors are represented on the committee 2. Community cultural demographics are represented on the committee. 3. The committee encourages collaborations with community partners. 4. Diversity issues are discussed at meetings. 5. Cultural sub-groups are included in all aspects of the SPF (i.e. assessment, planning, implementation, evaluation, etc.) to insure cultural relevance. 6. Members receive copies of membership listing.	4 4 2 2 2 5	Significant strides made collaborating with the schools and police department as well as with various City organizations such as the Arts Alliance Membership participation has increased	Continue to pursue additional membership
B. Meeting Place/Time & Room Preparation	1. The meeting site is appropriate in size/location and represents the group as a Municipal government organization. 2. The meeting time fits-in with member schedules. 3. There is adequate signage: Members/ public easily locate the meeting place. 4. There is adequate seating prepared prior to the start of the	5 4 4 5 5	Meeting dates and times were decided by the committee members in order to increase attendance and participation	Will continue to monitor and address any deficiencies

	meeting. The seating arrangement is conducive to discussion. 5. Sign-In Sheets, Agendas, and Hand-Outs are visible and available.	5		

C. Vision & Mission Statements and Bylaws	1. The Municipal Alliance has Vision and Mission Statements. 2. The Municipal Alliance's Bylaws are current. 3. Members have copies of the Vision and Mission Statements and Bylaws. 4. The Vision and Mission Statements are available at each meeting.	5 5 5 5	Fully compliant	Ongoing review of compliance
D. Welcome	1. Current literature hand-outs about the Municipal Alliance are on file. 2. Special attention is given to New Members, Public Participants, Presenters, and Visitors at meetings; and they receive Alliance information. 3. Round Table introductions are conducted prior to start of each meeting.	5 5 5	All handouts are kept on file and information is available to all members	Ongoing review of compliance

Governor's Council on Alcoholism and Drug Abuse
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E. Decision Making	1. A clear summary statement (motion) is presented to members prior to a vote. 2. All members are given an opportunity to express opinions and participate in discussions.	5 5	Active participation is encouraged at all meetings	Ongoing review of compliance
F. Program Information and Outcomes	1. Members are informed of activity/program descriptions, progress, and outcomes at each meeting.	5	Review of programs that occurred at each quarter is discussed. Members are encouraged to participate on an ongoing basis	Ongoing review of compliance
G. Correspondence	1. Meeting reminders/follow-up and meeting minutes are sent to all members. 2. Alliance Correspondence (Local, County, State) is shared with members.	5 5	Reminders are distributed via email and the annual calendar is given at each meeting New information from the County Alliance is shared with Committee members	Ongoing review of compliance
H. Training	1. Training opportunities are available for members. Cultural Competency training is provided and new members are oriented.	3	Training opportunities are shared. Will incorporate cultural competency training in the future	Will incorporate
I. Acknowledgements	1. The committee has a process in place for recognizing the efforts of volunteers or community partners.	5	Members are recognized consistently	Ongoing review of compliance
J. Feedback	1. Members are encouraged to make suggestions and share ideas regarding the organizational structure of the committee.	5	Active participation is strongly encouraged	Ongoing review of compliance

K. Resources and Collaborations	1. The Municipal Alliance maintains a list of membership resources (See Community Anti Drug Coalitions of America "*Capacity Primer*" p. 12-18 and Appendix 2 of the Guidelines) 2. The Municipal Alliance informs the governing body of programs and activities. 3. Community organizations are invited to Municipal Alliance Committee meetings to discuss ATOD issues and resources. 4. There is a listing of current Community Resources to build community partnerships. 5. The Municipal Alliance supports other community organizations' ATOD prevention programs.	5 5 5 3 4	Membership is updated. Programs and activities are posted on our City website, SATV, facebook and other social media platforms. Will provide information for Council Meetings as well.	Will continue to monitor and address any deficiencies
L. Subcommittees	1. The Municipal Alliance creates subcommittees when appropriate to achieve the program and activity goals. Relevant non-members are considered for inclusion on the subcommittee.	3	Exec committee has interaction and will contemplate the need for a subcommittee when/if the need arises	Will continue to monitor and address
M. Other Suggestions				

Governor's Council on Alcoholism and Drug Abuse
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FORM 7

ALLIANCE ACTION PLAN

For an Intervention Tied to Multiple Logic Models

(Complete one form for each intervention to be addressed by the Alliance.)

Alliance Name: South Amboy **County: Middlesex** **Last Updated:04/15/2023**

Priority Problem: Underage Drinking
Problem Statement (State or Regional Coalition): Underage drinking is increasing in Middlesex County
Root Cause: Access, Parental Favorable Attitudes
Local Condition: Alcohol in the home is not monitored or secured

Priority Problem: Marijuana
Problem Statement (State or Regional Coalition): Youth are using marijuana in Middlesex County
Root Cause: Youth favorable attitudes
Local Condition: Products and paraphernalia are being sold in vape shops around the Country

Plan for Action	**Intervention:** Specific name of activity/program	School Prevention
	CADCA Strategy/ies:	Enhance skills, provide information, change consequences, provide support, reduce barriers
	Brief Description: What is the main purpose of this activity? What will participants/target population learn? How will they benefit?	Girls on the Run/Heart & Sole – A physical activity-based, social and emotional wellness afterschool program for girls in 3rd-5th and 6th-8th grades. The program teaches girls to develop self-respect, a healthy lifestyle and a connectedness to others and community while creatively integrating running. The evidence-based curriculum has been proven to develop positive habits in critical thinking, problem solving and emotional control. Girls on the Run reaches girls at a critical stage, strengthening their confidence at a time when society begins to tell them they can't and underscoring the important connection between physical and emotional health. The program addresses the whole girl when she needs it most. DARE – Education and interaction will be provided by the South Amboy Police Department through the classroom interaction of the South Amboy DARE Officer. Information will be provided to 5th grade students about the dangers of prescription drug misuse and the connection to heroin use and addiction. The awareness and attitudes of the participants are positively affected by the information and interaction of the DARE program. The South Amboy DARE program is constantly evolving and places highly trained police officers in our schools to provide our children with life-saving information while teaching them good decision-making skills ***Botvin Life Skills Training*** program (Level 3) is a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program designed for 6th grade school students. This highly effective curriculum has been proven to help increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development in a culturally competent manner. According to a study, published in the Journal of Drug Education, more elementary schools in the US chose to use the LST program over all other evidence-based prevention programs. The following skills are taught and reinforced throughout the program: (1) Personal self-management skills, (2) general social skills, and (3) drug resistance skills. Students develop skills that enhance self-esteem, develop problem-solving skills, help them reduce stress and anxiety, and manage anger. Students gain skills to meet personal challenges such as overcoming shyness, communicating clearly, building relationships, and avoiding violence. Students build effective defenses against pressures to use tobacco, alcohol, marijuana, and other drugs. This program may be provided on a virtual platform if needed.

	When, Where, and How: When will this take place? What is the timeframe for this activity/program? How much? How often?	Girls on the Run/Heart & Sole -This ten-week program meets two times weekly for 75 minutes after school, culminating with a community service project and a non-competitive 5K celebratory run. Trained leaders coach small teams through research-based curricula, which includes discussions, activities and running games. The lessons explore team building, dealing with gossip and bullying, resilience, self-confidence and standing up for self and others. DARE – Classroom sessions are provided to the 5th grade students at the South Amboy Elementary School. The duration of the program is a school semester. The final class consists of an education component for all parents of the children participating in the DARE Program, including dramatization by the students of various 'scenarios' and 'encounters' related to prescription drug misuse and heroin use and addiction. **Botvin Life Skills** Training Program consisting of a 30-45 minute class for 8 sessions. The program will be taught on an extended schedule (once per week for 6 weeks) during the health/gym class schedule for four- 6th grade classes
	Target Population: How many people are being served? Who is this impacting?	**Number of participants/recipients:** GOTR - 15-20 girls participate in the Girls on the Run (GOTR) program Grant will provide partial program fee for 4 girls inclusive of 5k registration fee. DARE – 120 students and 40 parents/guardians Botvin Life Skills Training – 100 6th grade students
		Primary Population: 10th grade students GOTR - 15-20 girls participate in the Girls on the Run (GOTR) program Grant will provide partial program fee for 4 girls inclusive of 5k registration fee DARE – 120 students and 40 parents/guardians Botvin Life Skills Training Program– 6th grade students **Other Populations Reached:** Parents, guardians, teachers, school administrators, friends, siblings and other family members with whom the participating students have discussions with regarding these programs **Primary Ethnicity**: All **Other Ethnicities Reached:**
	Community Partners: Who else is collaborating on this project? List partners.	South Amboy School District, South Amboy Board of Education, Student Assistant Counselor, Guidance Counselors, South Amboy Police Department Wellspring Center for Prevention (formerly NCADD of Middlesex County, Inc.) & South Amboy School District
Plan for Implementation	**Budget and Resources:** MUST PROVIDE BREAKDOWN WITH ESTIMATED DETAILS FOR DEDR AND CASH MATCH FUNDS	**DEDR Total $3768** DEDR—Personnel/Twp Employee—$ 0 DEDR—Consultant—$3768 Botvin Life Skills Training – Four 6th grade classes for 6 sessions each at a cost of $140/session = $3360 Girls on the Run – $408 – Partial Program fee (4 girls at $102/each) Includes curriculum and program **Cash Match Total $1272** Cash Match—Personnel/Twp Employee—$ Cash Match—Consultant—$ Cash Match—Other Direct Cost—$1272 GOTR - $772 – Partial program fee (4 girls at $83/each) includes curriculum program and race fee. Full program fee for 2 girls (2 girls @$185/each) includes curriculum, program and race fee and Partial program fee for 1 girl @$70 includes program and curriculum Botvin - $500 — 100 books @ $5.00each = $500

		In-Kind Total $2170.08 **DARE – 36 one-hour classes @$60.28/hour = $2170.08** **INTERVENTION TOTAL $7210.08**
	Responsible Members for Implementation: Who is implementing this program & what are their credentials? Provide resume. If not identifying the exact person / provider, what are the qualifications you will be seeking for the position(s)? Provide job description.	GOTR – Girls on the Run Central Jersey – Lynn Sherman, Program Coordinator Adult Coaches – Trained by the GOTR Central Jersey Jr. Coaches – Trained by the GOTR Central Jersey Coaches job descriptions enclosed DARE – South Amboy Police DARE officer will provide classroom instruction and parent instruction at final session. South Amboy DARE officer is certified to teach the DARE program Botvin Life Skills Training – Wellspring Center for Prevention (formerly NCADD of Middlesex County, Inc.)
Plan for Evaluation	**Measure Process and Outcome Indicators:** Process goals: # of sessions, # of unduplicated people attending each session Short term goals: What would you learn/benefit?	Process goals: GOTR – 15-20 girls attend 90% of training days and complete Spring celebratory 5K run. This grant will provide partial program fee for four (4) girls culminating with a celebratory 5K run. DARE – The South Amboy police Department prepares and teaches middle school students in 36 sessions reaching approximately 120 students and 40 parents. Botvin LST – Wellspring Center for Prevention will teach the 6th graders for 8 sessions at a cost of $1120/class (or $140/session) Short term goals: GOTR – Participants improve confidence, competence, caring, character and connection to others. They learn critical life skills and increase their physical activity. They develop practices to think critically and make healthy decisions for themselves while building self-esteem. DARE – Young adults will have increased awareness of the danger and consequences of marijuana and alcohol misuse and addiction. Botvin LST – Students will develop skills that enhance self-esteem, develop problem-solving skills help them reduce stress and anxiety, and manage anger. Students gain skills to meet personal challenges such as overcoming shyness, communicating clearly, building relationships, and avoiding violence. Students build effective defenses against pressures to use tobacco, alcohol, marijuana, and other drugs.
	Tools/Instruments use to collect information: Process tools: Attendance sheets Short term tools: Pre/post test, survey, questionnaire	**Process tools**: GOTR, DARE, Botvin LST - Attendance sheets **Short term tools**: GOTR – post-survey, participant feedback DARE – participant feedback Botvin LST – ongoing feedback, Q&A

Governor's Council on Alcoholism and Drug Abuse
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FORM 7

ALLIANCE ACTION PLAN

For an Intervention Tied to Multiple Logic Models

(Complete one form for each intervention to be addressed by the Alliance.)

Alliance Name: South Amboy **County: Middlesex** **Last Updated:04/15/2023**

Priority Problem: Underage Drinking
Problem Statement (State or Regional Coalition): Underage drinking is increasing in Middlesex County
Root Cause: Access, Parental Favorable Attitudes
Local Condition: Alcohol in the home is not monitored or secured

Priority Problem: Marijuana
Problem Statement (State or Regional Coalition): Youth are using marijuana in Middlesex County
Root Cause: Youth favorable attitudes
Local Condition: Products and paraphernalia are being sold in vape shops around the Country

Plan for Action	**Intervention:** Specific name of activity/program	High School Prevention – Not Even Once	
	CADCA Strategy/ies:	Enhance skills, provide information, change consequences, provide support, reduce barriers	
	Brief Description: What is the main purpose of this activity? What will participants/target population learn? How will they benefit?	The Not Even Once program is a comprehensive and dynamic program geared toward middle and high school students. This curriculum concentrates on educating students about the detrimental effects of opioid, marijuana, and other illegal drug use. The program incorporates multiple speakers throughout the program. It was initially coordinated by the Manchester Township Police Department, who have researched, developed, vetted and successfully implemented this interactive high school program, Not Even Once. Hackensack Meridian Health has provided this highly interactive course as a collaborative effort between Emergency Medical Services, law enforcement and educators. This program is taught to students during the school day and the ultimate goal is to educate the students about drugs abuse including opiate and marijuana abuse and give them the tools they need to make better decisions. This program ultimately helps student build effective defenses against pressures to use marijuana, alcohol, opiates, and other drugs	
	When, Where, and How: When will this take place? What is the timeframe for this activity/program? How much? How often?	Program consisting of three 90-minute sessions for $2520 plus light refreshments	
	Target Population: How many people are being served? Who is this impacting?	**Number of participants/recipients:** ~100 10th grade students	
		Primary Population: 10th grade students **Other Populations Reached:**	**Primary Ethnicity**: All **Other Ethnicities Reached:**
	Community Partners: Who else is collaborating on this project? List partners.	South Amboy Police Department, Hackensack Meridian Health, Emergency Medical Services & South Amboy School District, South Amboy Municipal Alliance	
Plan for Implementation	**Budget and Resources:** MUST PROVIDE BREAKDOWN WITH ESTIMATED DETAILS FOR DEDR AND CASH MATCH FUNDS	**DEDR Total $2520** DEDR—Personnel/Twp Employee—$ DEDR—Consultant—$2520 Approximately 100 10th grade students for three 90-minutes sessions each at a cost of $840/session Three 90-minute sessions of Not Even Once is $2520 or $840/session or three 90-minute sessions with 4 facilitators at each session @ $140/hour each = $2520 DEDR—Other Direct Cost—$0 **Cash Match Total $300** Cash Match—Personnel/Twp Employee—$ Cash Match—Consultant—$	

		Cash Match—Other Direct Cost—$300 Light refreshments - $100/session for a total of 3 sessions **In-Kind Total $0** **INTERVENTION TOTAL $2820**
	Responsible Members for Implementation: Who is implementing this program & what are their credentials? Provide resume. If not identifying the exact person / provider, what are the qualifications you will be seeking for the position(s)? Provide job description.	Hackensack Meridian Health – Michelle Golba-Norek MS BSN RN MICN CEN (Hackensack Meridian Health Central EMS Education Manager) will oversee and manage the program
Plan for Evaluation	**Measure Process and Outcome Indicators:** Process goals: # of sessions, # of unduplicated people attending each session Short term goals: What would you learn/benefit?	Process goals: 3 sessions with ~100 students per session over a 3-week time period Short term goals: Students build effective defenses against pressures to use marijuana, alcohol, opiates, and other drugs.
	Tools/Instruments use to collect information: Process tools: Attendance sheets Short term tools: Pre/post test, survey, questionnaire	**Process tools**: Attendance sheets **Short term tools**: Q&A sessions

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FORM 7

ALLIANCE ACTION PLAN

For an Intervention Tied to Multiple Logic Models

(Complete one form for each intervention to be addressed by the Alliance.)

Alliance Name: South Amboy **County: Middlesex** **Last Updated:04/15/2023**

Priority Problem: Underage Drinking
Problem Statement (Regional Coalition): Underage drinking is increasing in Middlesex County
Root Cause: Access, Parental Favorable Attitudes
Local Condition: Alcohol in the home is not monitored or secured

Priority Problem: Marijuana
Problem Statement (Regional Coalition): Youth are using marijuana in Middlesex County
Root Cause: Youth favorable attitudes
Local Condition: Products and paraphernalia are being sold in vape shops around the Country

Plan for Action	**Intervention:** Specific name of activity/program	**Community Outreach**	
	CADCA Strategy/ies:	Provide Information, Reduce Barriers/Enhance Access, Change Consequences	
	Brief Description: What is the main purpose of this activity? What will participants/target population learn? How will they benefit?	The purpose of Community Outreach events is to address and change the community norm that stigmatizes addiction, resulting in a lack of community readiness to address the issue. Community Outreach programs play a critical role in improving and extending the reach of knowledge through interaction with community organizations and services. These events can directly and indirectly impact community members by reducing barriers providing information and access to services and key leaders. There will be opportunities to support those in need by providing mentoring and referrals. Participants will learn from speakers who are knowledgeable about addiction and from the recovery community information about the scope and consequences of illegal drug use. Verbal and printed information will be available in both English and Spanish. Youth, family, parents, and other community members will receive important information about signs, symptoms, consequences and resources to address underage drinking, vaping, marijuana and other illicit drug use. Community resources representing all facets of the community will be available and information to access community support will be provided. Community Outreach Programs such as: Irish Festival, PTO Harvest Fest, Knock Out Opioid Use are planned for this upcoming cycle.	
	When, Where, and How: When will this take place? What is the timeframe for this activity/program? How much? How often?	Community Outreach Programs such as: • PTO Harvest Fest • National Night Out • City-wide event of Knock Out Opioid Use (all day event) planned for The Alliance will participate in all events to disseminate written and verbal information	
	Target Population: How many people are being served? Who is this impacting?	**Number of participants/recipients: 8600 residents (the community at large) and non-residents that work &/or shop in the community**	
		Primary Population: Community at Large **Other Populations Reached:** Residents, students, family members, business owners	**Primary Ethnicity**: All **Other Ethnicities Reached:**
	Community Partners: Who else is collaborating on this project? List partners.	South Amboy School District, South Amboy Board of Education, South Amboy Police Department, South Amboy First Aid, South Amboy Fire Departments, South Amboy Public Library, Local Business, Local Churches	
Plan for Implementation	**Budget and Resources:** MUST PROVIDE BREAKDOWN WITH ESTIMATED DETAILS FOR DEDR AND CASH MATCH FUNDS	**DEDR Total $0** **Cash Match Total $0** Cash Match—Other Direct Cost—$0	

		In-Kind Total $2545.92 Community events Police – 5 @ $35/hour X 8 hours = $1400 Volunteers (Municipal Alliance, Fire, First Aid) – 5 @ 8 hours each @ $28.82/hour = $1152.80 ($6.88 will be paid by other means) **INTERVENTION TOTAL $ 2545.92**
	Responsible Members for Implementation: Who is implementing this program & what are their credentials? Provide resume. If not identifying the exact person / provider, what are the qualifications you will be seeking for the position(s)? Provide job description.	Volunteer committee members, including educators, business people, Police, Board of Education, substance abuse professionals, family members, and those affected by substance abuse disorders will be collaborating and utilizing the Strategic Prevention Framework model as a guide under the leadership of the Alliance Coordinator and Alliance Chairperson
Plan for Evaluation	**Measure Process and Outcome Indicators:** Process goals: # of sessions, # of unduplicated people attending each session Short term goals: What would you learn/benefit?	**Process goals:** The Alliance will participate in all events to disseminate written and verbal information Community Outreach Programs such as: • PTO Harvest Fest • National Night Out • City-wide event of Knock Out Opioid Use (all day event) **Short term goals:** Increasing number of residents attending drug free community events. Residents will gain knowledge about the consequences of prescription drug abuse, underage drinking, vaping and marijuana use, addiction as well as prevention and treatment resources will be shared. Residents will have the opportunity to interact with first responders to foster inclusive environments, promote resources, share information and interact with the community
	Tools/Instruments use to collect information: Process tools: Attendance sheets Short term tools: Pre/post-test, survey, questionnaire	**Process tools**: Attendance sheets, number of responses to community surveys **Short term tools**: community surveys, participant feedback

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FORM 8
ALLIANCE BUDGET

Alliance Name: South Amboy **County:** Middlesex **Grant Year:** 2024 **Last Updated:** **4/26/2023**

PROGRAM	DEDR AWARD TOTAL	DEDR			CASH MATCH	IN-KIND	PROGRAM TOTAL
		PERSONNEL/TWP EMPLOYEE	CONSULTANT	OTHER DIRECT COST			
Community	0.00				1,069.00	2,545.92	3,614.92
High School Prevention	2,520.00		2,520.00		300.00		2,820.00
School Prevention	3,768.00		3,360.00	408.00	203.00	2,170.08	6,141.08
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
	0.00						0.00
TOTAL EXPENSES	6,288.00	0.00	5,880.00	408.00	1,572.00	4,716.00	12,576.00