



TOWNSHIP OF NORTH BERGEN
4233 KENNEDY BOULEVARD
NORTH BERGEN, NJ 07047
Phone: (201)392-2000

Purchase Order

**THIS NUMBER MUST APPEAR ON ALL INVOICES,
 PACKING LISTS, CORRESPONDENCE, ETC.**

NO. 19-04032

DELIVERTO

PUBLIC INFORMATION OFFICER
 4233 KENNEDY BLVD.
 ROOM 203
 NORTH BERGEN NJ 07047

ORDER DATE: 06/26/19

DELIVERY DATE:

REQUISITION #: R9-03871

VENDOR ACCT NUM:

VENDOR PHONE#:

VENDOR FAX#:

VENDOR

Vendor #: NEWSP020

NEWSPAPER MEDIA GROUP LLC

TWO EXECUTIVE CAMPUS, STE 400
 CHERRY HILL, NJ 08002

PAYMENT RECORD

CHECK NO.

58921

DATE PAID

2.12.2020

NOTICE: TAX EXEMPT - TAX ID: 22-6002151

QUANTITY	DESCRIPTION	ACCOUNT NO	UNIT PRICE	TOTAL
11.00/EA	SENIOR ADS & CALENDAR - JUL 19 CUST# 00050405 INCLUDES: INV# 300497779 FREE MOVIE DAY INV# 300497781 COUNTY BOAT RIDE INV# 300497782 POINT PLEASANT INV# 300497783 PORT OF CALL RESTAURANT INV# 300498948 ASBURY PARK INV# 300498949 OLIVE GARDEN INV# 300500110 FREE MOVIE DAY INV# 300500111 RESORTS CASINO INV# 300500112 ST. ANN'S FEAST INV# 300501365 HAMBLETONIAN DAY INV# 300501411 HIBACHI GRILL	9-01-20-122-000-1080 ADVERTISING	398.4000	4,382.40
1.00/EA	FULL CALENDAR . . ATTACHED: BRC POLITICAL CONTRIBUTION FORMS	9-01-20-122-000-1080 ADVERTISING	620.0000	620.00
			TOTAL	=====
				5,002.40

CLAIMANT'S CERTIFICATION & DECLARATION

I do solemnly declare and certify under penalties of the law that the within bill is correct in all its particulars; that the articles have been furnished or services rendered as stated therein; that no bonus has been given or received by any; person or persons within the knowledge of this claimant in connection with the above claim; that the amount therein stated is justly due and owing; and that the amount charged is a reasonable one.

APPROVED FOR PURCHASE

Suzanne Taylor 1/3/20
 SUZANNE TAYLOR, CPA DATE

OFFICER'S CERTIFICATION

I do hereby certify that there are sufficient funds available in the accounts of the Township to enable the commissioners to authorize the entering into this contract between the Township of North Bergen and the above vendor. By this certification, I have encumbered the above named accounts for the amount of the contract pending action by the Board of Commissioners.

Ben 1/6/20
 SIGNATURE DATE

Having knowledge of the facts in the course of regular procedures, I certify that the materials and supplies have been received or the services rendered; said certification is based on delivery slips acknowledged by a municipal official or employee or other reasonable procedures.

[Signature] 1/8/20
 SIGNATURE DATE

Vendor Signature
WAIVED
Purchasing Dept.
 OFFICIAL POSITION DATE

VENDOR MUST SIGN CERTIFICATION STATEMENT ON THIS
 VOUCHER MAIL VOUCHER & ITEMIZED BILLS TO:

TOWNSHIP OF NORTH BERGEN
 4233 KENNEDY BOULEVARD
 NORTH BERGEN, NJ 07047



TOWNSHIP OF NORTH BERGEN

PURCHASING DEPARTMENT

4233 KENNEDY BOULEVARD, NORTH BERGEN, N.J. 07047

TEL. NO. (201) 392-2040 FAX NO. (201) 392-8358

REQUEST FOR CHANGE OR VOID TO A PURCHASE ORDER

FROM: Art Schwartz

PURCHASE ORDER NO. 19-04032

DEPT/DIV: Public Affairs / Public Information

REQUISITION NO. R9-03871

DATE: 8/28/19

ORIGINAL AMOUNT \$1.00

VENDOR NAME: Newspaper Media Group LLC

ACCOUNT NO. 8-01-122-000-1080

VENDOR NO: NEWSP020

PLEASE [X] CHANGE [] VOID THIS PURCHASE ORDER FOR THE FOLLOWING REASON:

[X] AMOUNT IS WRONG \$ _____ \$1.00 [] INCREASE BY \$ _____ \$5,001.40

IT SHOULD BE \$ _____ \$5,002.40 [] DECREASE BY \$ _____

[] ACCOUNT IS WRONG _____

IT SHOULD BE _____

[] VENDOR NUMBER IS WRONG: _____

IT SHOULD BE: _____

[] VENDOR NAME IS WRONG: _____

IT SHOULD BE: _____

[] VENDOR ADDRESS IS WRONG: _____

IT SHOULD BE: _____

[] SHIPPING CHARGE IS WRONG: \$ _____ IT SHOULD BE: \$ _____

DESCRIBE IN DETAIL REASON FOR CHANGE OR VOID:

Eleven 3/8 page ads @ \$398.40 each = \$4,382.40

plus one full page ad at \$620.00 each

total amount (\$4,382.40 + \$620.00) = \$5,002.40

PURCHASING OFFICE:

Date Change(s) were made: _____

Ref. Code #: _____

Initials: _____

SUZANNE TAYLOR, PURCHASING AGENT

TOWNSHIP OF NORTH BERGEN

4233 KENNEDY BOULEVARD
NORTH BERGEN, NJ 07047
TEL (201)392-2000

REQUISITION

NO.

R9-03871

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PUBLIC INFORMATION OFFICER
4233 KENNEDY BLVD.
ROOM 203
NORTH BERGEN NJ 07047

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VENDOR #: NEWSP020
NEWSPAPER MEDIA GROUP LLC
TWO EXECUTIVE CAMPUS,STE 400
CHERRY HILL, NJ 08002

ORDER DATE: 06/26/19
DELIVERY DATE:
STATE CONTRACT:
F.O.B. TERMS:

QTY/UNIT	DESCRIPTION	ACCOUNT NO.	UNIT PRICE	TOTAL COST
1.00	SENIOR ADS + CALENDAR JUL 2019 JULY 2019 SENIOR CALENDAR AND ADS	9-01-20-122-000-1080 ADVERTISING	1.0000	1.00
			TOTAL	1.00

REQUESTING DEPARTMENT

DATE

Advertising Statement

Newspaper Media Group

1/1

447 Broadway
Bayonne, NJ 07002

Phone: 201-798-7800



ART SCHWARTZ
TOWNSHIP OF NORTH BERGEN
4233 KENNEDY BLVD
NORTH BERGEN, NJ 07047

Cust #: 00050405
Phone: (201)392-2005
Date: 07/31/2019
Due Date: 08/10/2019

Date	Trans #	Type	Description	Runs	Columns	Inches	Total
06/30/2019			Balance Forward				8,789.04
07/04/2019	300497779	INV	3/8 Free Movie Day	1	2	14.76	398.40
07/04/2019	300497781	INV	3/8 County Boat Ride	1	2	14.76	398.40
07/04/2019	300497782	INV	3/8 Point Pleasant	1	2	14.76	398.40
07/04/2019	300497783	INV	3/8 Port of Call Restaurant	1	2	14.76	398.40
07/11/2019	300498948	INV	3/8 Asbury Park	1	2	14.76	398.40
07/11/2019	300498949	INV	3/8 Olive Garden	1	2	14.76	398.40
07/18/2019	300500110	INV	3/8 Free Movie Day	1	2	14.76	398.40
07/18/2019	300500111	INV	3/8 Resorts Casino	1	2	14.76	398.40
07/18/2019	300500112	INV	3/8 St. Ann's Feast	1	2	14.76	398.40
07/25/2019	300501365	INV	3/8 Hambletonian Day	1	2	14.76	398.40
07/25/2019	300501366	INV	Full Calendar	1	4	39.52	620.00
07/25/2019	300501411	INV	3/8 Hibachi Grill	1	2	14.76	398.40
07/25/2019	400322852	Check	Payment Check 56885 56885				-5,047.20

Remarks

Your account seems to be past due. Please contact us to address the situation.

Total Due: \$ 8,744.24

Credit Card # _____ Exp _____

Billing ZIP _____ CIV _____

Cust #: 00050405

Date: 07/31/2019

Newspaper Media Group, LLC

447 Broadway
Bayonne, NJ 07002

Please Indicate Changes to Your Address Below

ART SCHWARTZ
TOWNSHIP OF NORTH BERGEN
4233 KENNEDY BLVD
NORTH BERGEN, NJ 07047

0 - 0	1 - 30	31 - 60	61 - 90	91 - 120	Over 120
\$ 0.00	\$ 5,002.40	\$ 3,408.80	\$ 333.04	\$ 0.00	\$ 0.00

mit. in addition to other permits required the DEP related to flooding. Public notice for the next hearing on the proposed development had not yet been posted at pres time.

For updates on this and more stories check hudsonreporter.com or follow us @hudson_reporter. Mike Montemmarano can be reached mikem@hudsonreporter.com.

Students with disabilities in their last year of high school, were recognized during graduation ceremony last week. Eleven students completed the program. Six interned at JCMC which allowed students firsthand experience in a hospital setting to explore career options, develop transferable job skills, and successfully transition to productive adult life. Michael Prilutsky, President and CEO of JCMC, presided over the ceremony, with additional remarks provided by program partners.

Jersey City Medical Center is proud of the achievements and contributions of our project SEARCH interns," said Michael Prilutsky. "We look forward to continuing to create opportunities for young people in our community to succeed."

Job placement is the final goal of the program. Recent graduates are currently being considered for positions within the hospital and at program partner locations.

Movies under the stars

Hudson County's free Movies in the Park series will offer plenty of viewings in Braddock Park through July and August. Movies will be screened on the Braddock Park field located adjacent to Boulevard East above 79th Street. All movies are free, with plenty of free popcorn. All attendees need to bring is a blanket or a lawn chair. Movies start at sundown.

• "Spider-Man: Into the Spider-Verse" will be screened on Wednesday, July 17, followed by "Aquaman" on Wednesday, Aug. 14.

Movies in the Park will run through August, and bring 16 feature films to eight parks throughout Hudson County. The full schedule can be found at hudsoncountynj.org.

Farmers Markets coming to North Bergen

The Braddock Park Farmer's Market has returned, every Sunday until Sept. 29 from 11 a.m. to 3 p.m.

This year a second farmer's market comes to town, the Friends and Family Farmer's Market, run by the North Bergen Health

see **BRIEFS** page 30

VETS from page 16

promote a voter bribery scheme during the 2013 municipal election.

"I have long supported legislation that supports our homeless veterans and helps them rebuild from a vulnerable state," DeFusco said. "I hope the dozens of local and state leaders and Democratic organizations who have also received contributions from Frank Raia will follow my lead by doing the

right thing. Giving his donated money to community organizations will make a positive impact on peoples' lives for years to come."

A ribbon-cutting for the post has been scheduled for Monday, July 8.

For updates on this and other stories keep checking www.hudsonreporter.com and follow us on Twitter @hudson_reporter. Marilyn Baer can be reached at Marilynba@hudsonreporter.com.

Mayor Nicholas J. Sacco

Announces for North Bergen Senior Citizens Only...

FREE MOVIE DAY!

Must present Mayor's Council on Aging Card

Thursday, July 11

Located at

Kerasotes Showplace 14

The Plaza at Harmon Meadow in Secaucus

Must show proof of North Bergen residency

**NOTE NEW TIME, DATE
AND LOCATION**

**FOR PICK UP LOCATIONS AND TIMES
PLEASE CALL COMMUNITY SERVICE**

AT 201-392-2157

calendar

The Hudson Reporter welcomes entries of community interest for its weekly Calendar listings. To be considered for publication, entries must be received one week prior to publication date. Additionally, no information will be

accepted via phone call.

Hudson County Car Seat Inspection Station, June 27, 10 a.m.-2 p.m. (Every Thursday until-September). JCMC EMS Bldg. - 415 Montgomery St., Jersey City.

Conducted by certified child passenger Safety Technicians. No Appointment Necessary

Contact Marissa Fisher, 201-915-2906

JCMC Pride Month: LGBTQ Community Listening & Learning Session, June 26, 12 p.m. - 1 p.m. JCMC Ambulatory Care Center, Third

Floor, Conf. Room 4, 395 Grand St., Jersey City. *Gain insights, increase your competency, and further your understanding of the issues impacting the LGBTQ community. Light refreshments provided.* Contact Pamela Weatherspoon at pamela.weatherspoon@rwjbh.org or 201-448-9371

Jersey City Medical Center Prenatal Infant

Care Class, June 26, 6 p.m.-8 p.m. JCMC- 355 Grand St., 4 East Conf. Room, Jersey City. *Class topics include: Physical Appearance; Diapering; Bathing; Cord Care; Special Procedures.* Contact Eufemia Rios - 201-521-5900 (Registration Fee)

JCMC Bingo Night, June 27, 4 p.m. - 6 p.m. Former

Jersey City Montgomery St. City. Please contact us for our monthly activity that is for all. Bring a friend! Contact Williams - 201-

Jersey City Mother Stop the Bleeding, June 27, 7 p.m. Mary Bethune

**COUNTY EXECUTIVE THOMAS A. DEGISE,
THE BOARD OF CHOSEN FREEHOLDERS
AND MAYOR NICHOLAS J. SACCO
invite all North Bergen Seniors to participate
in the lottery for the**

FREE 2019 SENIOR COUNTY BOAT RIDE

FRIDAY, JULY 12

Pick ups will start at 9:45 a.m., return time 3:30 p.m.

LOTTERY held

Tuesday, July 9

11-11:30 a.m.

On Tuesday, July 9 we will be holding a lottery for the boat ride. Please come to the Nutrition Center only between 11 and 11:30 a.m. to have your name entered in the drawing. You must provide proof that you live in North Bergen (driver's license, current utility bill, etc.) You must come to the Nutrition Center yourself to be entered in the drawing. Only one ticket per lottery. No exceptions will be made. We will draw the names at 11:30 a.m. that day.



For additional information, reservations or transportation regarding this event please call the Office of Community Service at 201-392-2157

Sponsored by the Office of Community Service

TOWNSHIP OF WEEHAWKEN HUDSON COUNTY NJ

The Township of Weehawken will be participating in the Summer Food Service Program from July 8, 2019 to August 1, 2019. The Summer Food Service Program is a federal program that provides all children 18 years of age and under with a meal in accordance with a menu approved by the state agency. In accordance with Federal civil rights law and Executive Order 12816 (USDA) civil rights regulations and policies, and employees, and institutions participating in the program are prohibited from discriminating on the basis of race, origin, sex, disability, age, and reprisal or retaliation in any program or activity conducted or funded by the program. Persons with disabilities who require alternative means of communication (e.g. Braille, large print, sign language, etc.), should contact the Agency (State or local government) for benefits. Individuals who are deaf, hard of hearing, or have other disabilities may contact USDA through the Federal Relay Service (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, submit a program Discrimination Complaint Form (AD-3027) to usda.gov/complaint_filing_cust.html, and at the same time send a copy addressed to USDA and provide in the letter a brief description of the alleged discrimination. Submit your completed form or letter to USDA.

- (1) **Mail:** U.S. Department of Agriculture
Office of the Assistant Secretary for Farm Income Stabilization
1400 Independence Avenue,
SW Washington, D.C. 20250-9410
- (2) **Fax:** (202) 690-7442; or
- (3) **Email:** program.intake@usda.gov.



Are You...

Unhappy? Feeling Trapped in a toxic relationship, job or lifestyle? Seeking guidance?

Ensure your success and take control of your life today! Amina Group Solutions will help you rediscover yourself.

SPECIALTIES:

- Love and relationship
- Family and kids
- Money and finance
- Self-development & career
- Stress
- Women's development

SERVICES INCLUDE:

- Life coaching
- Life Path Reading
- Spiritual Healing
- Channeling

Call or email for a free consultation 551.208.3321 TheAminaGroupSolutions@gmail.com

Mayor Nicholas J. Sacco

invites North Bergen Seniors
on a day trip to

POINT PLEASANT

Sunday, July 14
10 a.m. - 6 p.m.

North Bergen seniors only.
REGISTRATION REQUIRED
Seating is limited.

To register or for more information please
call Community Services at 201-392-2157

Registrants will be notified if the event is canceled for any reason

Hope for Homeless

American Legion Post's veterans
ready by the end of July; n

By Marilyn Baer
Staff Writer

Nearly 40,000 veterans are homeless throughout the United States, but by the end of July, six of them will be off the streets, as Hoboken's American Legion Post 107 becomes the first post in the country to include homeless veteran housing.

"We are the first post to create affordable housing in the same building the post exists, which is important because veterans understand his reason for being homeless," said veteran Mark Villamar, the financial officer for the post. "We have been through combat and know the results of that, and we can help these people become better citizens."

Over the past two years, American Legion Post 107 has been under construction, transforming what was a garage-like one-story post meeting place at 308 Second St. to a five-story 11,000-square-foot space, with meeting space and housing.

The top three floors each have a studio unit and a one-bedroom unit with shared laundry facilities on each floor.

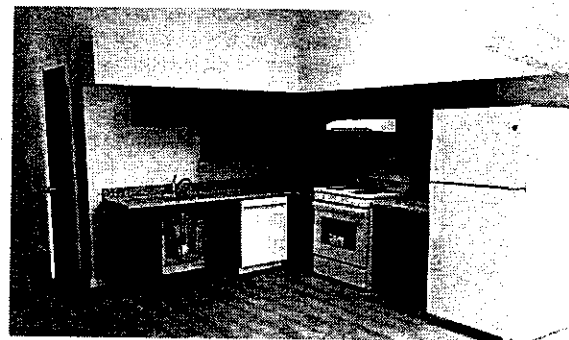
The units feature full kitchens and bathrooms and will be completely furnished.

The second floor consists of meeting space, a library with computers, and a cantina.

The first floor has mailboxes, a vestibule, and elevator access.

Commander of the post John Carey said he hopes this serves as a model for other American Legion Posts to follow in the future.

"We will be a template throughout the state and the country, so eventually there will no longer be any homeless veterans," Villamar added.



The post will provide fully furnished units with

ntain's plan in 18-story Veehawken

oing public hearings

"This is not the last night we'll be reviewing the final site plan, not by far," Mayor Turner said at the most recent meeting. "The next meeting won't be the last night, either."

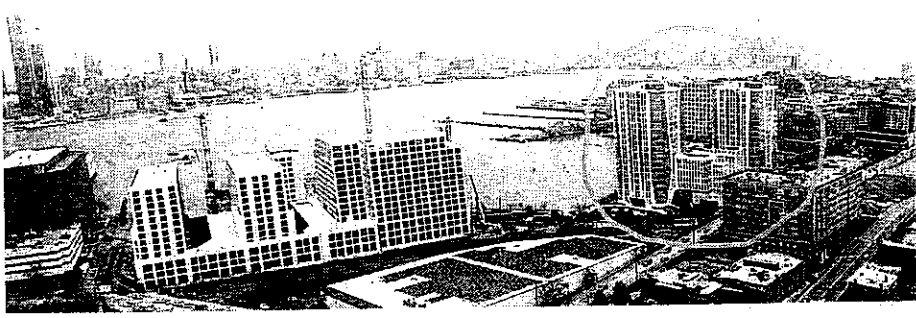
Part of the redevelopment plan

According to Jill Hartmann, a township board planner, the site is in an area included in Weehawken's redevelopment plan, which doesn't have much, if any, predetermined size restrictions imposed on sites the township designates as in need of redevelopment.

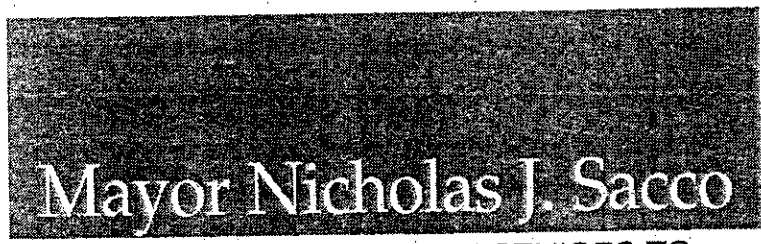
The plan allows the board to determine height, area, and density for developments on a project-by-project basis.

Hartmann said that the redevelopment plan "specifically says 'the planning board shall have the authority to determine the maximum number and density of residential units per-

see **HARTZ** page 23



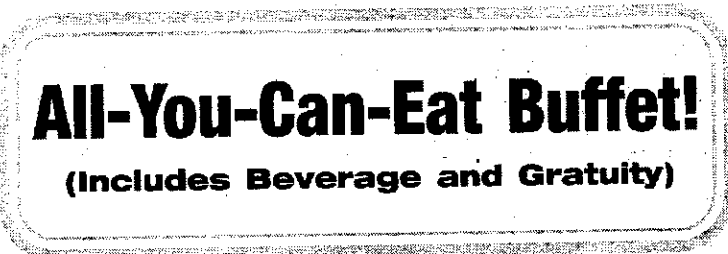
The development would be at the southern end of Lincoln Harbor.



INVITES NORTH BERGEN SENIORS TO



Port of Call Restaurant
450 Hackensack Ave,
Hackensack, NJ 07601



Sushi, seafood, carving station, raw bar, pasta,
grilled meats, vegetables, plus much more...

WEDNESDAY, JULY 10
1 - 3 p.m. • \$17 PER PERSON
(GRATUITY INCLUDED)



RESERVATIONS REQUIRED

For further information call (201) 392-2157.

Sponsored by the Office of Community Service

Registrants will be notified if the event is canceled for any reason

The Golden Door Charter School Board of Trustees will be having its Board Meetings for the 2019-2020 school year at 5:30pm in the Main Floor Conference Room of the Administration Building on the following dates:

Board Meeting Dates

1	July 24, 2019
2	No August meeting
3	September 18, 2019
4	October 23, 2019
5	November 20, 2019
6	December 18, 2019
7	January 22, 2020
8	February 19, 2020
9	March 18, 2020
10	April 22, 2020
11	May 20, 2020
12	June 17, 2020

EXPANSION *from cover*

township's commitment to aid the school board is "absolutely ironclad," and should be no cause for concern.

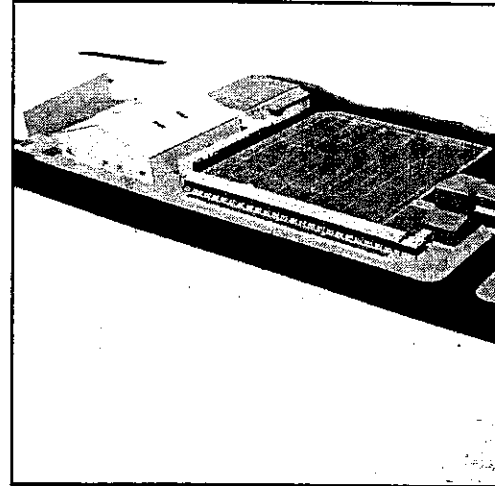
Days before the Dec. 11 vote, Mayor Nicholas Sacco's electoral rival at the time, Larry Wainstein, filed a lawsuit alleging that the township violated the Open Public Meetings Act (OPMA), also known as Sunshine Law, when distributing public notice of the vote. Wainstein was represented by attorney Mario Blanch, who has represented him in several cases before and after the suit against the Board of Education.

That suit was thrown out of Hudson Coun-

ty Superior Court just days before the vote took place. A majority of voters turned out in favor of the expansion plan, 3,800 to 1,300.

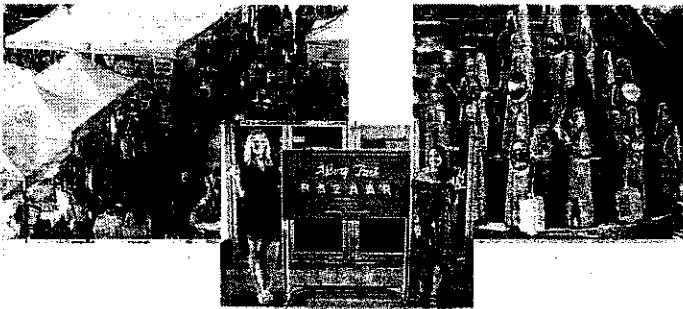
Off to appellate court

Some seven months later, the township is still legally unable to start the project, despite residents approving it with a 74-percent margin. Shortly after Wainstein's charges were dismissed, Ortiz filed a lawsuit to have Wainstein's case heard in appeals court, challenging the judge's verdict favoring the North Bergen Board of Education. Ortiz ran on Wainstein's ticket in the May 14 election in North Bergen, and was represented by Blanch in this case.



A rendering of the design for the form

Mayor Nicholas J. Sacco invites North Bergen Seniors on a day trip to *Asbury Park* **BAZAAR**



Saturday, July 20
12 p.m. - 5 p.m.

North Bergen seniors only.
REGISTRATION REQUIRED

Seating is limited.

To register or for more information please
call Community Services at 201-392-2157

Registrants will be notified if the event is canceled for any reason

The lengthy appeals hearing centers around whether the school district gave sufficient public notice of the vote in compliance with the state's Sunshine Law.

Last month, Blanch filed a motion to withdraw from the case as Ortiz's counsel. He wrote that there was a breakdown in the attorney/client relationship between himself and Ortiz, and that Wainstein's election loss was relevant to his motion to withdraw.

"It was the opinion of the undersigned that the [lawsuit against the Board of Education] should be dismissed as the election was over," Blanch wrote, "and continuing the matter would serve no purpose, as the 'people had spoken' and elected someone other than Mr. Wainstein." In his opinion, all of Ortiz's pending matters should be dismissed or resolved.

"On or about June 13, 2019, [Ortiz] came to [my office] accompanied by Mr. Joseph Mocco and Mr. Ryan Young to discuss various pending matters," Blanch wrote. "Plaintiff and counsel had a disagreement as to how to handle multiple matters, including this one, which has led to the breakdown of the attorney/client relationship."

Blanch wrote that he and Ortiz had reached an impasse in planning a course of action, as "the parties can no longer communicate with each other or see eye to eye."

He later told *The Hudson Reporter* that he hasn't yet heard from the court regarding his motion to withdraw, and that he is no longer involved in the case. For that reason, he declined to comment on any other aspects of the hearing.

At press time, *The Hudson Reporter* was unable to obtain contact information for Ortiz, so that she could comment on the case.

Onward and upward

According to Superintendent of Schools George Solter, the district is still working on the expansion plans. He said that supporters of the project are confident the decision will be in their favor.

While the hearing is holding up construction funding, Solter said that the district is working to get any planning done that they



I want to encourage you to move towards feeding this yearning in your soul. I believe this will lead you to create a delightfully enjoyable life that allows you to feel deeply satisfied and alive. You can do this step by step if you'd like, gradually re-introducing art into your weekly life. This will energize you to develop a plan for leaving or reducing the amount of time and energy that you spend in your role as an investment banker. Let me know how it goes.

Check out Dr. Norquist's new blog *GrowingThroughParenting.com*

(Dr. Sallie Norquist is a licensed psychologist (NJ #2371) in private practice

and is director of Chaitanya Counseling Services, a center for upliftment and enlivenment, in Hoboken.) Dr. Norquist and the staff of Chaitanya Counseling Services, 51 Newark St., Suite 202, Hoboken, NJ 07030 or www.chaitanyacounseling.com or by e-mail at drnorquist@chaitanyacounseling.com. Questions can address various topics, including relationships, life's stresses, difficulties, mysteries and dilemmas, as well as questions related to managing stress or alternative ways of understanding health-related concerns. © 2019 Chaitanya Counseling Services

yet widely recognized. It appears that current job is lacking in nourishment for your soul. The outer world offers praise and approval for your competence in this arena – but your soul is not thriving in this environment. You are wise to listen to your inner dis-content. Continuing to follow these outer world enticements will lead you further and further from an alignment with what truly feeds your soul. This can lead to a spiritual health crisis – which is often accompanied by concurrent mental or physical ill-health. What is exciting about your letter is that you already know wherein the nourishment lies for you. You know that the visual arts feed your soul. In fact, you fed your soul during the college years of your life through clay painting. You have the clarity to see that the yearning to create, appreciate and showcase art really excites you.



IV/KIDSBUCKLEUP

NHTSA
www.safercar.gov

Ad
Council

Mayor Nicholas J. Sacco

invites North Bergen Seniors to

Olive Garden

ITALIAN KITCHEN

Mill Creek Mall, 500 Route 3 West, Secaucus, NJ 07094

Wednesday, July 24
1 - 3 p.m., \$22 pp

(Price includes tax and tip. SEATING IS LIMITED)

Entrees:

Spaghetti & Meatballs

Traditional meat sauce over spaghetti with meatballs

Lasagna Classico

Layers of pasta, meat sauce and mozzarella, ricotta, parmesan and romano cheese

Eggplant Parmigiana

Lightly breaded eggplant, fried and topped with marinara sauce, mozzarella and parmesan cheese. Served with spaghetti

Fettuccine Alfredo

Parmesan cream sauce with a hint of garlic. Served over fettuccine

Ravioli Di Portobello

Portobello mushroom-filled ravioli in a creamy smoked cheese and sun-dried tomato sauce.

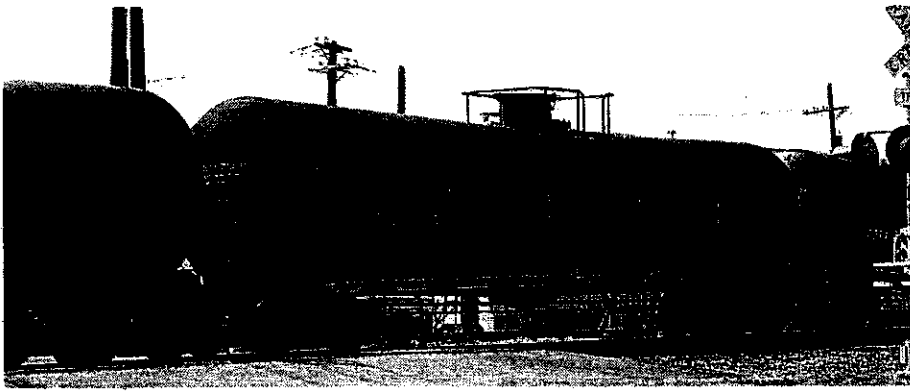
ALL ENTREES INCLUDE:

Freshly baked garlic breadsticks • Your choice of homemade soup or famous house salad • Fountain drink, coffee, tea or juice (free refill)
Vanilla ice cream



For additional information, reservations or transportation regarding this event please call the Office of Community Service at 392-2157

Sponsored by the Office of Community Service



The hulls of DOT-111 tanker cars, which carry crude oil, are known to shear in derailments and spill their contents.

Mayor Nicholas J. Sacco

Announces for North Bergen Senior Citizens Only...

FREE MOVIE DAY!

Must present Mayor's Council on Aging Card

Thursday, July 25

Located at

Kerasofes Showplace 14

The Plaza at Harmon Meadow in Secaucus

Must show proof of North Bergen residency

NOTE NEW TIME, DATE

AND LOCATION

**FOR PICK UP LOCATIONS AND TIMES
PLEASE CALL COMMUNITY SERVICE**

AT 201-392-2157

OIL from page 3

regulations have been rolled back, making our trains even more dangerous."

Amid other rule changes designed to increase productivity for fuel transporters, Rogovin referenced President Donald Trump's recent executive order, mandating that not just crude oil, but natural gas, will be allowed on railways in less than a year.

"We want to move toward renewable energy," Rogovin said. "We really have to change course."

CBUOT and its partner groups have called for a number of short-term solutions. They want tracks to be inspected more frequently. They call on fuel exporters to chemically stabilize crude oil that gets shipped through the state to reduce volatility. They want rail lines to have infrastructure in place to deal with potential oil spills.

Tanker car concerns

The 50-year-old DOT-111 tanker car is widely used to transport oil. While it's been retrofitted to meet transportation requirements, critics argue that they should be replaced with more expensive tank car models designed to contain flammable substances, such as the DOT-112 or DOT-114.

With the growth in crude-by-rail shipments domestically, the U.S. National Transportation Safety Board has flagged DOT-111s as unfit to contain crude oil. Their recommendations, however, are not legally binding.

CBUOT supported a New Jersey Senate bill, which required companies including CSX to notify nearby first responders of the shipment schedules of oil trains. That bill was vetoed twice by then-Gov. Chris Christie, who said that making such information public would be a security risk. Oil trains traveling through densely populated areas could be targets of terrorist attacks.

In 2016, there was a federal investiga-



Matt Smith of Food and Water Watch leads



ntalists
safety of
ipments
ossil fuel expansion



lay scenario activists never want to see

afety measures for crude-oil-by-rail trans-
rt were on the agenda as the U.S. began
ying on domestic natural gas, rather than
l imported from other countries. The U.S.
partments of Transportation, Homeland Se-
rity, and the Transportation Security Admin-
tration regulate oil transport.
While there is a 99.99 percent success rate in
il shipments of hazardous materials in North
merica, critics argue that freight trains 1.5
iles or longer—carrying hundreds of thou-
nds of gallons of crude oil—are not safe
ough.
One rail line that carries crude oil from North
akota's Bakken Shale region is CSX, which
ins along the Jersey side of the Hudson River
Bergen and Hudson counties.

Calling for caution

Paula Rogovin, a co-founder of the Coalition
o Ban Unsafe Oil Trains (CBUOT), has been
t the forefront of a local fight against crude
il shipments through New Jersey's most pop-
ulous region.

"We're calling attention to a tragedy to talk
about rail safety," Rogovin said. "Meanwhile,

see **OIL** page 4

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Mayor Nicholas J. Sacco

invites North Bergen Seniors to enjoy a day at

RESORTS WORLD CATSKILLS

888 Resorts World Dr., Monticello, NY 12701

Sunday, July 28

8:30 a.m. - 6:30 p.m.

Receive \$25 slot play and \$15 food voucher



North Bergen seniors only. Proof of residence is required.
Seating is limited. Reservations are a must.

For reservations or more information please call
Community Services at 201-382-2157

Registrants will be notified if the event is canceled for any reason

The North Bergen Reporter • July 18, 2019 • 3

s approve mental health ate's schools

ulum sits on governor's desk

just exist. By teaching children emotional regulation and distress tolerance, we would hard-wire their brains to be able to deal with difficulties in life."

Lavella said that exposing children to these skills as early as possible will help reduce substance abuse, self-harm, and suicide down the line. "One ounce of prevention is worth a pound in intervention," he said.

Lavella also said that at the middle- and high school level, he imagined that the goal of a standardized curriculum would be to establish conversational spaces for mental health and substance abuse, with the goal of destigmatizing "uncomfortable conversa-

tions," identifying signs and symptoms of a variety of health problems, and finding approaches to intervention.

The bill passed both chambers of the legislature and now sits on Gov. Phil Murphy's desk. If he signs it, the Department of Education would have to update its student learning standards for the 2020-2021 school year.

For updates on this and more stories check hudsonreporter.com or follow us on Twitter @hudson_reporter. Mike Montemarrano can be reached at mikem@hudsonreporter.com.



schools will include a standardized curriculum by Paul Brady Photography/ Shutterstock.

mental health education and services varies on a district-by-district basis.

According to the bill, the state-required curriculum would be developed by the New Jersey Board of Education, after consulting with mental health experts, which will likely include members of the New Jersey Division of Mental Health and Addiction Services.

The bill was endorsed by New Jersey's School Boards Association. The NJSBA is working on a report called "Building a Foundation for Hope," which will include a survey to highlight the best practices and concerns of mental health programs currently in school districts for use by policymakers, educators, and lawmakers.

Prevention beats intervention

Paul Lavella, an executive director at Delphi Behavioral Health Group who also practices as a mental health practitioner in New Jersey, weighed in on the bill.

"Educating children when they're much younger will set them up for success later on," he said. "The benefits are innumerable to introducing discipline to children. When a child is acting out, it's usually because of communication difficulties, and emotions that they can't regulate within themselves. Emotions aren't really good or bad, they

MAYOR NICHOLAS J. SACCO invites North Bergen Seniors to



Vendors selling
cheese steaks,
zeppoles,
sausage sandwiches,
and more...

704 Jefferson Street Hoboken NJ

FRIDAY, JULY 26
2 - 4 P.M.

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Sponsored by the Office of Community Service

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ombia!

nbian Independence Day



oriela Hernandez received a township proclamation honoring her.



Michele Galvez and Diego Mora



Diego Mora and Doriela Hernandez



The Colombian flag was on display to celebrate the country's 209-year independence.



A troupe of traditional dancers performed in Town Hall.

Mayor Nicholas J. Sacco

invites North Bergen Seniors to



HAMBLETONIAN DAY

East Rutherford, NJ

Saturday, August 3

11:30 p.m. - 4:30 p.m.

\$5 PER PERSON

Weather permitting



For reservations or more information please call
Community Services at 201-392-2157



MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:

August 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Senior Events Transportation Call: 201-201-392-2157 Senior Events Questions Call: 201-392-2159 NUTRITION CENTER 1441 45TH ST (201) 866-8791		NORTH BERGEN RESIDENTS ONLY		1 Regular Shopping Trips 8:45am-3:00pm ZUMBA 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm	2 Regular Shopping Trips 8:45am-3:00pm BIRTHDAY BINGO 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am	3 HUDSON COUNTY PARK FLEA MARKET 9am-1pm MEADOWLANDS RACE TRACK 11:30am-4:30pm \$5 pp
4 HUDSON COUNTY FARMERS MARKET 11:00am-3:00pm	5 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	6 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am BINGO LUNCHEON 11am-1pm NIGHT OUT AGAINST CRIME	7 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am TOKYO HIRACHI BUFFET 1pm-3pm • \$13pp	8 Regular Shopping Trips 8:45am-3:00pm ZUMBA 9:15am-10:15am FREE MOVIE - 11AM <i>Kerasotes showplace 14 Secaucus</i>	9 Regular Shopping Trips 8:45am-3:00pm	10 EMPIRE CITY YONKERS 8:30am-5:30pm
11 HUDSON COUNTY FARMERS MARKET 11:00am-3:00pm	12 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	13 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am KARAOKE 10:30am-12:30pm	14 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm YANKEES VS. ORIOLES	15 Regular Shopping Trips 8:45am-3:00pm FREE SEMINAR MEMORY SCREENING 9:30am-12:30pm	16 Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am	17
18 HUDSON COUNTY FARMERS MARKET 11:00am-3:00pm	19 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	20 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am BINGO LUNCHEON 11am-1pm	21 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BERGENTOWN CENTER 10am-2pm	22 Regular Shopping Trips 8:45am-3:00pm ZUMBA 9:15am-10:15am FREE MOVIE - 11AM <i>Kerasotes showplace 14 Secaucus</i>	23 Regular Shopping Trips 8:45am-3:00pm BINGO LUNCHEON 11am-1pm CHI-KUNG with Pedro 9:15am - 10:30am	24
25 HUDSON COUNTY FARMERS MARKET 11:00am-3:00pm RESORTS WORLD CATSKILLS 8:30am-6:30pm	26 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO 11am-1pm LUNCH SPECIAL \$1.00	27 Regular Shopping Trips 8:45am-3:00pm EXERCISE CLASS 9:15am-10:15am KARAOKE 10:30am-12:30pm	28 Regular Shopping Trips 8:45am-3:00pm TAI-CHI 9:45am BINGO LUNCHEON 11am-1pm	29 Regular Shopping Trips 8:45am-3:00pm ZUMBA 9:30am-10:30am MOVIE NUTRITION CENTER 10:30am-12:30pm	30 Regular Shopping Trips 8:45am-3:00pm	31

BRIEFS from page 2

NJ Transit adopts 2020 budget

NJ Transit has adopted its 2020 budget, which includes a \$2.39 billion operating budget along with a \$1.42 billion capital program.

There will be no fare increases in the upcoming year, NJ Transit reports.

Over 40 percent of the upcoming budget will come from passenger revenue. The remaining amount comes from a combination of commercial revenue, and aid from New

Jersey and the federal government.

This year's budget saw a \$150 million increase in the general fund, which will total \$457.5 million.

The capital program funds will go toward keeping stations and infrastructure in good condition, investments in the Northeast Corridor, safety initiatives, bus and rail car purchases, Positive Train Control installation, system expansion, and support for local mobility programs.

Sixty-one percent of the operating budget will be dedicated to labor and benefit costs. Eleven percent will be dedicated toward contracted transportation services, with the remaining 28 percent dedicated toward ma-

terials, fuel and power, utilities, and outside services.

The agency also plans to expand personnel in practically all of its departments. This includes 22 additional bus operators and related support staff and five new operators on the Newark Light Rail. Additional trainees will be inducted into conductor and engineer training programs. Nineteen additional NJ Transit officers will patrol the system.

The budget will also fund transit service to the American Dream mall in East Rutherford, including \$8 million for bus drivers and buses.

Summer heat and medication are a dangerous mix for seniors

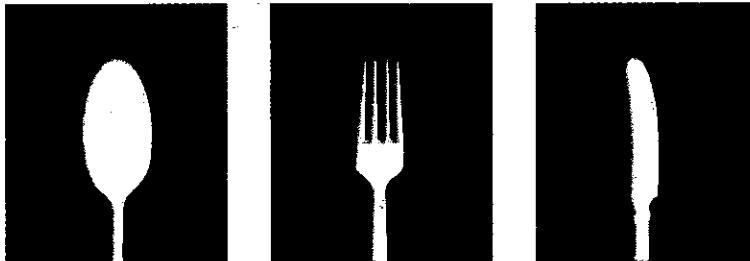
Synergy Homeware, a local at-home senior care provider, issued a release warning of the dangers that seniors on medication experience during heat waves.

The Centers for Disease Control and Prevention warns that the current hot weather and various types of medications can prove to be a dangerous mix, especially for seniors. Roughly 80-86 percent of seniors are taking some kind of medication.

Seniors are more prone to heat stroke and

Mayor Nicholas J. Sacco

invites North Bergen Seniors to



TOKYO

HIBACHI & SUSHI BUFFET

The Plaza at Harmon Meadow • 700 Plaza Drive • Secaucus, New Jersey

Wednesday, August 7
1 p.m. - 3 p.m.

\$13 per person, tax and tip included

All you can eat buffet

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