

From: Michael Parent <parentm@glenrocknj.org>
Subject: Reminder: Senior Wishes Due February 18

Feb 7, 2022 6:00 pm

Glen Rock Middle and High School

XXXXXXXXXXXXX

Parents and Families,

Attached is the Senior Wishes form. If you would like to send a congratulations and best of luck message to a senior, please complete the form and send it by February 18, with your check, to:

Glen Rock High School

Attention Mrs. Debbie Cella

400 Hamilton Avenue

Glen Rock, New Jersey 07452

All Wishes will appear in the Glenconian yearbook.

[Class of 2022 Senior Wishes Form](#)

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700, Ext. 8958

<https://www.glenrocknj.org/>

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Grad Ball Association Letter

Feb 15, 2022 6:00 pm

Parents and Families –

We are thrilled to announce the newly formed **Grad Ball Parents Association (GBPA)** which will have oversight of the Grad Ball moving forward. While we are excited to establish a group that will be solely focused on this important Glen Rock High School tradition, we would like to thank the HSA for taking Grad Ball under their wing for so many years.

The goal of GBPA is to establish and facilitate information sharing, best practices, and a playbook to be passed on from class to class. This will allow Parents to be more prepared when jumping into the planning and execution when their kids are Seniors. The Association will consist of an Executive Committee (*President, Vice President, Secretary & Treasurer*), the Senior Class Grad Ball Chairs and Parent Representatives from the Freshman, Sophomore and Junior Classes.

We are looking for people to get involved! For the 2022/23 school year we are currently recruiting:

- **2-4 Parent Representatives for Classes of 2024, 2025 and 2026** who will attend quarterly meetings and coordinate small fundraising activities for your class
- The remaining slots will be filled by the **2023 Grad Ball Chairs**

Please reach out to us if you are interested in volunteering or if you have any questions at all about Grad Ball - ***info@GRgradball.org***.

Jim Leonard, *President GBPA*

Missy Burstiner, *Vice President GBPA*

Joe Miele, *Secretary GBPA*

Griff Jones, *Treasurer GBPA*

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Ukraine Relief Efforts: Update

Mar 8, 2022 6:00 pm

Glen Rock Middle and High School

Ukraine Relief Efforts: Update

Students, Parents and Families,

As you are aware, Glen Rock Middle and High School students are going to great efforts to support the Ukrainian refugee crisis. In one week, they have raised hundreds of dollars for [Nova Ukraine](#). These fundraising efforts will continue for as long as the students wish. We are so very proud of their commitment and care.

We have been informed that Holy Ascension Cathedral is no longer accepting donated items. They have been overwhelmed with care packages and items from the Bergen County community. Hence, we will not be accepting relief items to be brought to the Holy Ascension Cathedral in Clifton, NJ. We and Holy Ascension are grateful for the donations that were acquired on Friday.

Be reminded that a group of students will be conducting interviews with students and families who are directly affected by the Ukrainian humanitarian crisis. Parents and students who wish to take part in these interviews may contact our Video Production teacher, [Ms. Jenna Vrablic](#). We welcome anyone who wishes to share their family's story or personal reflections. These interviews will be used to teach students and the community about Ukraine and the effects of the current situation.

We thank you, in advance, for your support of our students' continued humanitarian efforts.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700, Ext. 8958

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From: Michael Parent <parentm@glenrocknj.org>
Subject: "A Girl Like Her": Screening and Discussion

Mar 14, 2022 6:00 pm

Glen Rock Middle and High School

"A Girl Like Her": Screening and Discussion

Parents and Families,

On March 14, the following message was sent to all Grade 8 and 9 parents:

On Tuesday, March 22, 2022 all 8th and 9th grade students will attend an assembly that will feature a screening of the film ["A Girl Like Her"](#). The film is a powerful portrayal of current problems facing teens today. Together with our Wellness Center Staff, we will use the film to create dialogue, spread awareness, and open opportunities for reflection... Although the film is fictional, it is realistic in appearance and does contain some scenes that may be disturbing.

After reflecting upon the point of the film, our intended follow up, and considering that our students have been through enough in the last year, I am changing course. There will be no assembly on March 22. We will be hosting a screening of the film "*A Girl Like Her*", however it will be shown for parents of students in grades 8-12.

As parents, we seldom understand modern adolescent life. As educators, we live with the students, but we are never truly "in the know" about their lives, their struggles, and their minds. By hosting a showing of "*A Girl Like Her*", followed by a briefing with our Wellness Counselors, we may all gain a better understanding of adolescent life that we may not see or know.

I invite you to join us and your neighbors on **April 18 from 7:00 pm until 8:45** to view "*A Girl Like Her*" and hear from our counselors about how we can all better understand the life of our teens.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700, Ext. 8958

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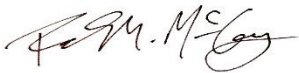
From: Robert M. McCorry <mccorryr@glenrocknj.org>
Subject: Code Blue Drill: March 30, 2022

Dear Glen Rock Parents and Guardians,

Today, in accordance with state law, a school security drill was conducted at your child's school in the manner that we conduct all emergency drills, with seriousness and with sensitivity to our students and staff. At the conclusion of the drill, an announcement was made in a clear, developmentally and age-appropriate message to students and staff the event was only a drill and no danger existed. Everyone responded appropriately and instruction resumed immediately thereafter.

Schools are required to conduct security drills once a month during the school year. As I communicated to you previously, we are now required to notify parents/guardians that a security drill took place by the end of the school day on which it occurred.

Regards,



Robert M. McCorry

Director of Security

Glen Rock Public School District

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From: Michael Parent <parentm@glenrocknj.org>

Subject: "A Girl Like Her" Screening Reminder

Apr 17, 2022 5:30 pm

Glen Rock Middle and High School

"A Girl Like Her" Screening Reminder

Parents and Families,

I invite you to join us and your neighbors on **April 18 from 7:00 pm until 8:45** to view "*A Girl Like Her*" and hear from our counselors about how we can all better understand the life of our teens. The screening will be held in the school auditorium.

As parents, we seldom understand modern adolescent life. As educators, we live with the students, but we are never truly "in the know" about their lives, their struggles, and their minds. By hosting a showing of "*A Girl Like Her*", preceded by a briefing with our Wellness Counselors, we may all gain a better understanding of adolescent life that we may not see or know.

Cordially,

Michael Parent, Ed.D

Principal

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Spring Notices and Information

Apr 6, 2022 6:00 pm

Glen Rock Middle and High School

Spring Notices and Information

Students, Parents and Families,

I know everyone is looking forward to the break next week. Upon our return, we will have only 9 weeks of school left. The time is going by very quickly.

Before we retreat for break, please review the following upcoming events and information.

"A Girl Like Her" Screening

We will be hosting a screening of the film *"A Girl Like Her"*, however it will be shown for parents of students in grades 8-12.

As parents, we seldom understand modern adolescent life. As educators, we live with the students, but we are never truly "in the know" about their lives, their struggles, and their minds. By hosting a showing of *"A Girl Like Her"*, followed by a briefing with our Wellness Counselors, we may all gain a better understanding of adolescent life that we may not see or know.

I invite you to join us and your neighbors on April 18 from 7:00 pm until 8:45 to view *"A Girl Like Her"* and hear from our counselors about how we can all better understand the life of our teens.

SEL Day

We will be hosting a two-hour SEL Day on April 21. Students will be given information about SEL sessions when we return from break.

NJSLA Testing

Mandatory NJSLA testing will occur April 26-29. A complete calendar of class period adjustments and schedule adjustments are posted on our [Spring Testing page on our website](#). The *Spring Testing* web page also includes testing protocols and guidelines.

Emergency Day Giveback

The Board of Education is planning to use May 27th as the emergency day giveback. The BOE will vote on this at the April 25th meeting.

Tardy to School Issue

We are seeing an unacceptable increase in the number of students (both middle and high school) who are tardy to school. As mentioned in each of our past Class Meetings, students should be in the building by 7:45 am each day. Block 1 starts at 7:50 am. Many students seem to believe that being in the building at 7:50 am equates to being on time. Subsequently, we are going to be increasingly more demanding that students be in class at 7:50 am each morning. Please consult the [Student Compendium](#) for information about tardies and consequences.

Remember to check our [Calendar](#) (add ours to your own by selecting the share icon and the iCal/RSS Feed option) to stay up to date on other upcoming events and ceremonies.

Have a great week. Enjoy the family time. The home stretch is upon us.

Cordially,

Michael Parent, Ed.D

Principal

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From: Michael Parent <parentm@glenrocknj.org>

Subject: NJSLA Testing: Reminder

Apr 20, 2022 6:00 pm

Glen Rock Middle and High School

NJSLA Testing: Reminder

Students, Parents and Families,

Be reminded that mandatory NJSLA testing will occur **April 26-29**. It is important that all students check our [Spring Testing page on our website](#). A complete calendar of class period adjustments and schedule adjustments are posted on The *Spring Testing* web page also includes testing protocols and guidelines.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

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From: Michael Parent <parentm@glenrocknj.org>

Subject: NJSLA Testing Begins Tomorrow

Apr 25, 2022 6:00 pm

Glen Rock Middle and High School

NJSLA Testing Begins Tomorrow (April 26)

Students, Parents and Families,

We hope you had a great weekend. Tomorrow we will begin our NJSLA testing. It is important that check our [Spring Testing page on our website](#) and review -

- the complete calendar of class period adjustments,
- schedule adjustments,
- testing protocols and guidelines, and
- testing room assignments.

Please also note the following:

- Students in grades 6-9 who arrive late to school for testing will have to wait in the cafeteria until testing is over and will make up that particular test next week.
- Students in grades 6-9 **cannot** use a hand-held calculator on the Math tests on Tuesday and Wednesday (unless dictated otherwise via an IEP).
- Students in grades 6-9 must bring **wired** headphones for the ELA testing on Thursday and Friday.

If you have any questions or concerns, feel free to contact 's counselor(s) by phone or email.

On behalf of the GRMS/GRHS administration and faculty, thank you for your continued support.

Cordially,

Michael Parent, Ed.D

Principal

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201-445-7700, Ext. 8958

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From: Michael Parent <parentm@glenrocknj.org>

Subject: NJSLA Testing Reminder

Apr 27, 2022 6:00 pm

NJSLA Testing Reminder for April 27, 28

Students, Parents and Families:

Tomorrow and Thursday we will be administering the Language Arts NJSLA. All grade 6-9 students should bring a set of **wired** headphones with them to the test; there may be some listening activities on the assessments. Bluetooth earbuds or headphones will not be permitted.

Make-up testing will be scheduled for sometime next week. Affected students will be contacted directly. The school schedule will not change during make-up testing sessions.

Lastly, we thank the grade 10-12 students for being so cooperative during our testing days. It is truly appreciated.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

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From: RObert McCorry <mccorryr@glenrocknj.org>

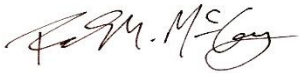
Subject: Lockdown Drill: April 28

Dear Glen Rock Parents and Guardians,

Today, in accordance with state law, a school security drill was conducted at your child's school in the manner that we conduct all emergency drills, with seriousness and with sensitivity to our students and staff. At the conclusion of the drill, an announcement was made in a clear, developmentally and age-appropriate message to students and staff the event was only a drill and no danger existed. Everyone responded appropriately and instruction resumed immediately thereafter.

Schools are required to conduct security drills once a month during the school year. As I communicated to you previously, we are now required to notify parents/guardians that a security drill took place by the end of the school day on which it occurred.

Regards,



Robert M. McCorry

Director of Security

Glen Rock Public School District

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Relay for Life: Events and Support

May 12, 2022 6:00 pm

Relay for Life: Events and Support

Students, Parents and Families:

The GRHS Relay for Life organization is sponsoring a Car Wash on Saturday, **May 21st**. The Relay for Life Car Wash will be held at the Exxon Mobile in Glen Rock from 9:00 AM - 2:00 PM. You can have your car washed for only \$5.00. All proceeds will be going to the American Cancer Society.

Additionally, Relay For Life's annual main event will be held on **June 4th** at Glen Rock High School. Keep an eye out for additional information if you or anyone you know is interested!

Relay for Life is also selling Lummeria again for this year. A luminaria is a lantern of remembrance, or support for someone who is suffering from, or who has passed away from Cancer. These lanterns are decorated by you or a student at Glen Rock High School. We light these lanterns during the Lummeria lap, as all pay tribute to everyone fighting through the cancer battle. Relay for Life are selling two types of luminarias: standard (text and basic decorations), which is \$10, and customized (text and a theme or image), which is \$20. [To order a luminaria, please fill out this form.](#)

Relay for Life thanks you, in advance, for your support.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Grade 12 End-of-Year Itinerary

May 17, 2022 6:00 pm

Grade 12 End-of-Year Itinerary

Students, Parents and Families:

As we quickly approach the close of the 2021-2022 school year - and 's graduation from Glen Rock High School - there are quite a few scheduled events and activities that you should be aware of. Knowing these scheduled events will help you and plan and prepare.

Date	Time	Event	Location
May 20	12:00 pm - 3:00 pm	Senior Class Ice Cream Social	Field
June 1	9:00 am	Senior Scholarships and Awards	Auditorium
June 1	6:30 pm	Senior Athletics Awards	Auditorium
June 8	1:30 pm - 3:00 pm	Senior Yearbook Signing Party	Courtyard
June 9	8:30 am	Mandatory Senior Prom Assembly (Seniors attending prom are dismissed after the assembly)	Auditorium
June 9	7:00 pm - 11:00 pm	Senior Prom	The Castle
June 15	During PE	Senior Class Laptop Collection	APR Room

June 16	During PE	Senior Class Laptop Collection	APR Room
June 17	8:00 am	Senior Class Trip	Point Pleasant
June 17	Last Day of Classes for Seniors		
June 20	8:30 am - 11:00 am	Senior Class Graduation Rehearsal	Auditorium/Field
June 21	8:00 am - 10:30 am	Senior Class Breakfast	Cafeteria
June 22	9:00 am - 11:00 am	Senior Class Graduation Rehearsal	Field
June 23	9:00 am - 11:00 am	Senior Class Graduation Rehearsal	Field
June 23	By 5:00 pm	Senior Class Report to MS Gym	MS Gym
June 23	6:00 pm	Graduation Ceremony	Field
June 23	8:30 pm - 2:30 am	Grad Ball	HS Gym
June 24	6:00 pm	Graduation Ceremony Rain Date	Field

Please note the following as prepares for laptop returns and closing the school year.

- All local files on school laptops must be stored into their own, personal Google Drive or a flash drive. Any files left on the laptop will be wiped and will not be accessible after handing in the laptop.

- Seniors must migrate their files from the school Google Drive account to a personal account. Any files left in the Google Drive account will be wiped and will not be accessible after August 1.
- Seniors will be charged \$50.00 for a charger if it is not returned with the laptop.
- Seniors who have outstanding obligations with the district (e.g. laptop charger fee, book fee, textbook fee) must submit restitution by graduation day at 1:30 pm. Failure to make restitution for outstanding obligations will result in the withholding of the diploma.
-

We look forward to providing you and with a memorable end to the high school years. With your help, we can all enjoy the festivities and honors.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

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From: Michael Parent <parentm@glenrocknj.org>

Subject: NJSLA Science Testing: May 23 and 24

May 17, 2022 6:00 pm

NJSLA Science Testing: May 23 and 24

Students, Parents and Families:

We will be administering the NJSLA Science test on May 23 and May 24. Information about the testing room assignments, protocols, and schedule is [posted here for your review](#). Please note the schedule changes for both the middle school and the high school, particularly the delayed start time for grades 6, 7, 9, 10, and 12.

We thank you, in advance, for reviewing these items. If you have any testing questions or concerns about, please contact 's counselor.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Graduation Protocols and Guidelines

May 18, 2022 6:00 pm

Graduation Protocols and Guidelines

Students, Parents and Families:

Thank you for reviewing last evening's message(s). A few parents have asked about graduation protocols and guidelines. In order for you and to enjoy graduation with as little worry as possible, please review the following processes and protocols:

- Both middle and high school graduation dates and times are published on the [calendar](#).
- Caps and gowns will be issued to all high school graduates prior to the scheduled graduation.
- Middle School students do not wear a cap or gown. Grade 8 graduates are expected to dress appropriately.
- Middle and high school graduates may not wear spiked heels or pointed high heels - these heels can harm the turf field.
- Both middle and high school graduates must arrive at the MS Gym **by 5:00 pm** in order to prepare for the ceremony.
- High School Graduates must bring their cap and gown with them to the gym.
- High School graduation caps may be decorated - please remind your child to keep it appropriate for public viewing. Inappropriate caps will be replaced with a plain cap.
- High School graduates may be issued relevant honor cords and stoles.
- High School graduates are encouraged to dress appropriately under the gown. There is no strict dress code.
- Guests can begin arriving on campus at **5:30 pm**.

- Guests who will be seated on the field will not be admitted onto the field earlier than 5:30 pm.
 - All field seating guests must surrender their ticket upon entry.
- Both graduation ceremonies begin at **6:00 pm**.
- Parking on campus will be severely limited and will be directed by campus security and the GRPD.
- Both middle and high school graduates are provided two (2) guest **field** tickets.
- Both middle and high school graduates will receive their two (2) guest field seating tickets on the last day of graduation rehearsal.
 - These two tickets are only for two guests who will be seated on the field.
 - Neither middle nor high school graduates will be given more than two (2) field tickets.
 - The graduates' two (2) field guests will need to present their ticket prior to entering the field seating area
 - All other guests do not need a ticket and will be seated in the bleachers or may stand along the perimeter of the field.
 - If a middle or high school graduate has a non-field ticket guest who will be in need of handicap area seating, two staff members will be available at the gate to assist seat them and assist guests with mobility issues.
- If either graduation is postponed (in the event of an emergency or inclement weather) a call will be issued to all families no later than 4:00 pm on the scheduled graduation day. In that event, graduation will be moved to **the following day at 6:00 pm**.

With your assistance, 's graduation will be smooth, enjoyable, and memorable. I look forward to seeing all of you then.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Memorial Day Flag Placement

May 18, 2022 6:00 pm

Memorial Day Flag Placement

Students, Parents and Families:

I know that many families are taking advantage of the long Memorial Day weekend and traveling or visiting friends and relatives. But if you are staying local and are seeking a way to honor those we remember on Memorial Day, we are, again, working with the Glen Rock VFW Post and placing American flags at veteran's graves.

This event will take place on **Saturday, May 28**. Anyone who would like to join us can meet us at **11:00 am** at the [George Washington Memorial Park in Paramus](#). We will meet at the parking lot by the cemetery office. This year, we will have more than 1,300 American flags available to place at veteran's graves.

Students, parents, and whole families are welcome to participate. If you do plan to attend, we ask that each person please bring a large screwdriver & hammer or mallet (to punch holes in the dirt for the flag's wood staff) and water/sunscreen/bug spray/hats. And please do not worry if you see so many people gathered at the cemetery - the more people, the better.

We wish you are great Memorial Day weekend.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

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From: Michael Parent <parentm@glenrocknj.org>

Subject: NJSLA Science Testing Reminder

May 22, 2022 4:00 pm

NJSLA Science Testing Reminder

Students, Parents and Families:

We will be administering the NJSLA Science test on **May 23 and May 24**. Information about the testing room assignments, protocols, and schedule is [posted here for your review](#). Please note the schedule changes for both the middle school and the high school, particularly the delayed start time for grades 6, 7, 9, 10, and 12.

We thank you, in advance, for reviewing these items. If you have any testing questions or concerns about, please contact 's counselor.

Cordially,

Michael Parent, Ed.D

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From: Michael Parent <parentm@glenrocknj.org>

Subject: Academic Honor Society Induction: IMPORTANT

May 24, 2022 1:16 pm

Academic Honor Society Induction: IMPORTANT INFORMATION

Students:

A very brief walk through/overview of the induction ceremony will be held **tomorrow (May 25) at 3:00 in the auditorium** . The meeting will take approximately 15 minutes. If you cannot attend due to athletics or a prior engagement, please check with your friends about the induction protocols.

All inductees should report to the middle school gymnasium tomorrow evening by 6:00 pm. We will begin the induction ceremonies at 6:30 pm. You may bring any family or friends that you wish. All family and friends will sit on the left side of the auditorium.

Thank you, in advance, for your understanding and cooperation. I look forward to seeing you tomorrow afternoon and tomorrow evening.

Cordially,

Michael Parent, Ed.D

Principal

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

<https://www.glenrocknj.org/>

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From: Michael Parent <parentm@glenrocknj.org>

Subject: School Closed: May 27

May 26, 2022 10:43 am

School Closed: May 27

Students, Parents and Families:

Be reminded that all Glen Rock schools are closed tomorrow, May 27. At the April 25 Board of Education meeting, a revision to the 2021-2022 district calendar was approved indicating such. The revised calendar is attached for your edification.

Have a wonderful Memorial Day weekend. We wish you and your family well and we look forward to seeing you at our events and celebrations as we close out the 2021-2022 school year.

[Revised 2021-2022 Calendar](#)

Cordially,

Michael Parent, Ed.D

Principal

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From: Rochelle Forstot <forstotr@glenrocknj.org>

Subject: Relay for Life

May 26, 2022 6:00 pm

Relay for Life

Students, Parents and Families:

On Saturday **June 4th**, Glen Rock High School will be hosting our annual overnight [Relay for Life](#) event. *Relay for Life* is a movement involving like-minded survivors, caregivers, volunteers and participants who all believe that our future can be cancer free. The event will begin at 5:00 PM for registration (it's free!) and events will begin at 6:30 PM. *Relay for Life* is an all-night event and will conclude at 6:00 AM on June 5th.

Students and other participants will be walking in honor of those who suffer or have suffered from the disease that is cancer, and its impact on the families of those who have it. Activities will be set up throughout the evening for the community to participate in. Caregiver and survivor speeches will be made and we will hold a luminaria ceremony in remembrance or support for someone going through cancer. Let's stand together as a community and support the wonderful efforts of our high school students as they raise awareness and support for those who have been impacted by cancer in their lives one way or another

Our students have been working hard to fundraise all year for this event. We are now hoping to reach out to the community to ask for donations in the way of food to be distributed the day of the event. Below, please find a list of the items we are hoping to acquire with your assistance. We would like the items donated between **Friday, June 3rd during school hours and Saturday June 4th, 1:00pm -9:00pm on the High School field.**

- Ground beef
- Hot dogs
- Burger buns
- Hot dog buns
- Water cases

- Ketchup
- Mustard
- Bagged chips
- Bagels
- Cream cheese

We thank you, in advance for your contributions and your attendance at our *Relay for Life* event. If you have any questions, please reply to this message and we will respond as soon as we can.

Sincerely,

Ms. Forstot and Ms. Coletta

400 Hamilton Avenue, Glen Rock, NJ 07452

201-445-7700

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