

Evan Washburn

From: Ron Rosetto [REDACTED]
Sent: Monday, July 07, 2014 11:38 AM
To: Kimberly Reilly
Cc: [REDACTED]; Arvo Prima ([REDACTED]); [REDACTED]
Subject: Kimberly --- Joint PACADA/PAC

Hi Kim

Good morning and Thank you kindly....

Could you please add Steve Willis Esq, Andrea, Arvo Prima, Steve, and Dory from Hope Sheds light to your email blasts

1. Steve Willis - [REDACTED]
2. Andrea- [REDACTED]
3. Arvo.Prima [REDACTED]
4. Steve: [REDACTED]
5. Dory: [REDACTED]

Thank you.

All the best

Ron Rosetto

From: Kimberly Reilly [mailto:KReilly@ochd.org]

Sent: Monday, July 07, 2014 11:06 AM

To: Lynn Berk; Alicia LeVance; Alan Cameron; Alexander Gotay; Angela Saliba; Caitlin Simpson; Colin Lewis; Courtney Wiand; Dianne Gancy; Danielle Hinte; Deena Cohen; Donna Wess; Ed Olwell; Dr. Ella Boyd; Erin Cowley; Evelyn Sullivan; Frank Bomenbilt; Jane Walling; Jim Cooney; Jim Patten; John Clayton; Kathleen Dobbis; Kathleen Jasinski; Kathryn Halliday; Kelsay Mauro; Kelsay Mauro; Kim Veith; Lauren Sacs; Lily Britton; Mark Prosky; Mary Brower; Mary Pat Angelini; Matthew Mantone; Matty White; Michael Blatt; Michael Colwell; Michael Hanlon; Michael Roche; Nancy Joyce; Pam Condello; Pat Healy; Peter Curatolo; Rich Seitz; Robert Goldschlag; Roberto Flecha; Ron Rosetto; Rose Bulbach; Ryan Singer; Sarah Carstens; Steve Shohfi; Susan Quinn; Theresa Barsch; Tonia Ahern; William Vanschoick

Cc: Anthony Castellano; Donna DeStefano; Renee Nauyoks; Tony Juneja

Subject: Joint PACADA/PAC

Good Afternoon,

Please go to the following link <https://www.surveymonkey.com/s/2014jointpacadapac> to register for the 2014 PACADA/PAC Joint Meeting on July 15th. The topic for this year's joint meeting is Medication Assisted Therapy with presentations from DMHAS staff.

A finalized agenda will be sent out in the next several days with specific times and information on our presenters.

We look forward to seeing you.

Thank you,

Kimberly L. Reilly MA LPC

County Alcoholism and Drug Coordinator/HIV Counseling Testing and Referral

732-341-9700 x7536

KREILLY@OCHD.ORG

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Evan Washburn

From: Bridget Albers
Sent: Wednesday, July 22, 2015 2:36 PM
To: Anthony Castellano; Camille Mussari; Dr. Barbara Barr; Frank Zrinsky [REDACTED]; Heather Hynes; Jamie Jubert; John Foti; Kelsay Mauro; Lydia J. Valencia; Mary McFadden; Michael Mastronardy (mmastronardy@co.ocean.nj.us); Roden Lightbody; Rose Bulbach; Stamatina Skevakis; Terrence P. Farley [REDACTED]; Yesenia Jimenez; Ahlam Jerai; Angela Saliba; Audrey Carter; Dave Roden; Deena Cohen; Don Delapp; Edward S. Olwell; Evelyn Sullivan; George Yansick; James Kelly (jim.kelly@judiciary.state.nj.us); Joni Whelan; Kathleen Muller; Kendra McWilliams; Kim Veith; Kimberly Murphy; Kristina Carey; Kurtis Rowe; Linda Leyhane; Lisa Scala; Liza DeJesus; Loretta Kettel; Mary Pat Angelini; Matt Mantone; Patricia Healy I; Philip Horowitz; Renee Stiles; Richard Fallon; Robert Goldschlag; Roberto Flecha [REDACTED]; Roman Karpel; Scott Subelka; Shannon Murphy; Stacy Malek; Suzanne Kossman; Terry Whelan; Tiffany Tamasco; Tracy Maksel; William Van Schoick; Barbara Sherman; Carol Beney; Donna DeStefano; Eileen Rodriguez; Eliyahu Danziger; Jaime Delgado; Jane Lee; Jennifer M. Marziale; John Brogan; John O'Neill [REDACTED]; Krista DeFilippo; Mary Jo Buchanan; Megan Tucker; Michael DiMarco; Nancy Zorochin; Robert Zacchia; Roger Desch; Sarah Gelbwachs; Stephen L. Willis; Tara Rivera; Tony Riccobono [REDACTED]; William Wilder; [REDACTED]; Connie Fahm; Dana O'Connor; Hugh Wallace; Jean Hennon; Kelly Mitchell; Kelly Zuzic; Leandra Santos; Mary Babich; Richard Seitz (RSeitz@co.ocean.nj.us); Roy Wells; Shelby Voorhees

Cc: Kimberly Reilly
Subject: FW: Personnel Announcement - DMHAS

Dear Executive Management,

It is with great pleasure that I announce that effective August 1, Valerie Mielke will become the new Assistant Commissioner for the Division of Mental Health and Addiction Services. Valerie joined the Department in the then Division of Mental Health Services in 2004, coming to us from the provider community. She holds a BA from Fairfield University and an MSW from Rutgers, New Brunswick. Given her vast experience in the community and with the Division, I am confident our consumers, providers and the Department will find a strong manager, policymaker and advocate in Val.

Again, many thanks to Lynn Kovich for her leadership and for staying on a *couple* weeks longer than she had originally planned. Her last day now will be July 31.

Please join me in extending congratulations to Val!

Sincerely,
Beth Connolly

*Debi Streeter
Secretary to the Acting Commissioner
Department of Human Services*

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From: paula.turek@dhs.state.nj.us

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Evan Washburn

From: Kimberly Reilly
Sent: Monday, August 17, 2015 8:06 AM
To: Camille Mussari; Dr. Barbara Barr; Frank Zrinsky ([REDACTED]); Heather Hynes; Jamie Jubert; John Foti; Kelsay Mauro; Lydia J. Valencia; Michael Mastronardy (mmastronardy@co.ocean.nj.us); Robert Goldschlag; Roden Lightbody; Rose Bulbach; Stamatina Skevakis; Terrence P. Farley ([REDACTED]); Yesenia Jimenez; Ahlam Jerai; Angela Saliba; Anthony Castellano; Audrey Carter; Dave Roden; Deena Cohen; Don Delapp; Edward S. Olwell; Evelyn Sullivan; George Yansick; Joni Whelan; Kathleen Muller; Kendra Mc Williams; Kim Veith; Kimberly Murphy; Kristina Carey; Kurtis Rowe; Linda Leyhane; Lisa Scala; Liza DeJesus; Loretta Kettel; Mary Pat Angelini; Matt Mantone; Patricia Healy I; Philip Horowitz; Renee Stiles; Richard Fallon; Roberto Flecha; Roman Karpel; Scott Subelka; Shannon Murphy; Stacy Malek (SMALEK@XBP.DHA.STATE.NJ.US); Suzanne Kossman; Terry Whelan; Tiffany Tamasco; Tracy Maksiel; William Van Schoick; Barbara Sherman; Carol Beney; Connie Greene; Donna DeStefano; Eileen Rodriguez; Eliyahu Danziger; Jaime Delgado; Jane Lee; Jennifer M. Marziale; John Brogan; John O'Neill

Cc: Desch; Sarah Gelbwachs; Stephen L. Willis; Tara Rivera; Tony Riccobono ([REDACTED]); William Wilder; Connie Fahim; Dana O'Connor; Hugh Wallace; Jean Hennon; Kelly Mitchell; Kelly Zuzic; Leandra Santos; Mary Babich; Richard Seitz (RSeitz@co.ocean.nj.us); Rory Wells; Shelby Voorhees
Subject: Bridget Albers
RFP announcement

Good Morning,

The Request For Proposals (RFP) announcement for 2016 is on the Ocean County Health Department Website (www.ochd.org) under RFP/RFQ/BID Opportunities.

Kimberly L. Reilly MA LPC
County Alcoholism and Drug Coordinator
732-341-9700 x7536
KREILLY@OCHD.ORG

Evan Washburn

From: Ron Rosetto [REDACTED]
Sent: Thursday, March 30, 2017 6:07 PM
To: Kimberly Reilly
Cc: [REDACTED]; Arvo Prima [REDACTED]; Ron Rosetto [REDACTED]; John L. Hulick, MS [REDACTED]
Subject: Thank you Kimberly for Hope Sheds Light Meeting Today / Ocean County Board of Health www.ochd.org
Attachments: 1082_001.pdf

Great meeting today Kimberly.

Again, thank you, Mary and Michelle for attending and educating us about the Ocean County Board of Health.

Your Resources are incredible as well as additional services and partnership/ assistant you provide.

I have attached the flyers that you provided us with so that our founders and executive director can review the material you gave us concerning different support services, from
(Recovery, to Teen Services, Parenting Wisely and Health Education / Various related programs).

Your tremendous list of resources can be found on your web site.

I left copies on the conference table at HSL office for John Hulick to review tomorrow.

I am following up with you about connecting you with Ann Baker so a Link for HSL can be tied in with OCHD. Ann's email address is abaker@design446.com

By copy of this email I will also mention

- You participation at our Hope Walk this year. A Vendor Table will be provided
- We will schedule you for a speaking engagement at our next Family Meeting in April (Dates to be confirmed with Arvo Prima) so you, and Mary from Municipal Alliance can make a presentation to the families
- We will follow up and discuss a Social Hosting Event between HSL and OCBH as well as organizing a Speaking Engagement at one of our local schools
- I like the fact that after we speak to children at schools that OCHD can follow up with Evidence Based Programs to assist kids.

Please let us know more about the Grants and RFP's that you will be submitting in July so we can get on the distribution list giving HSL and opportunity to obtain Grants.

We will all learn more going forward but this is a good start.

Thank you again !

Respectfully,

ROSETTO REALTY GROUP LLC

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Ronald L. Rosetto

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Recovery Support Services

The Mental Health Association in New Jersey –Ocean County

proudly announces its

RPOST is funded through the Ocean County Health Department to assist those in Ocean County who are battling with addiction.; Offering One to One Person Centered Peer Support for individuals 18 years of age and up.

Regain and Retain your Wellness with the help of our Peers who have personal experience with the battles you face.

Free yourself of the barriers and obtain your goals today !!

For More Information about our

Recovery Support Services

Call 732-244-0940

or

Come Join us for a Night of Wellness at

Tuesdays (4-8pm) or Thursdays (5-8pm)

*All Services Located at:
25 South Shore Drive
Toms River, NJ 08755*



**Mental Health
Association
in New Jersey, Inc.**



PREFERRED
BEHAVIORAL HEALTH GROUP

An Oaks Integrated Care Affiliate

presents *Teen Intervene*

Early Intervention...According to the Substance Abuse and Mental Health Services Administration (SAMSA), initial substance use during childhood or adolescence is linked to significant long-term health risks. Early to late adolescence is generally regarded as a *critical risk period* for the initiation of alcohol use with multiple studies showing associations between age of first alcohol use and the occurrence of alcohol abuse or dependence. There is also evidence of dependency across a range of other substances including marijuana, cocaine, other psychostimulants and inhalants.

Our Children & Substance Abuse

- Headlines are flooded with news of the drug epidemic in our community
- Many have a family member or know someone that is a substance user
- Many of us know at least one individual that has lost their life to drugs

What Can We Do?

Teen Intervene is a tested, time efficient, evidence-based program for teenagers 12-19 years old, at risk of, or suspected of, experiencing mild substance use. The program covers all drugs with a special focus on alcohol, marijuana and tobacco use. This is done in three to four sessions designed to work with the teens and includes parents or guardians in the last session.

Teen Intervene was created to promote risk minimization and harm reduction with the ultimate goal of risk elimination. ***Teen Intervene will address this threat of risk before it takes hold of your child.***

Scholarships are available

Call for an appointment Tel. 732-367-1710, ext. 9300

In partnership with the Ocean County Health Department

PARENTING WISELY

Parenting Wisely is a highly interactive online parenting course designed by family and social scientists to equip parents with the tools necessary to engage their children in difficult family scenarios. Parents would learn constructive skills proven to lessen drug and alcohol abuse in youth, school and homework problems, delinquency and other problem behaviors, family conflict, and more. It holds the distinction of being the only online parent education course for families that is currently listed on the U.S. Department of Health and Human Services National Registry for Evidence-based Programs and Practices. Program is in Spanish and English.

Topics Addressed

- Helping children do housework
- Loud music, chores incomplete
- Helping children do better in school
 - Sharing the computer
 - Sibling conflict
 - Step parenting
 - Getting up on time
- School, homework, friends
 - Finding drugs
 - Curfew

Requirements

Time: 3-5 hours to complete the course. Sign up includes 24/7 Access for 6 months as well as a certificate upon completion.

Commitment: Each parent must finish the course over a maximum of 6 months.



• If interested in this program, please contact :

Kate Astor (732) 341-9700 x 7223
OR
KAstor@ochd.org



Public Health
Prevent. Promote. Protect

AVAILABLE PROGRAMS

INDIVIDUAL, GROUP, COMMUNITY AND SCHOOL EDUCATION

The Ocean County Health Department's Health Education and Prevention Unit promotes healthy behaviors to help reduce and prevent disease by offering several different health education and substance abuse prevention programs, free of charge.

Alcohol and Drug Prevention

- #DRUGCODE
- Drugs Are Not Candy
- Poison Prevention
- Parenting Wisely*
- Unique YOU*
- FOOTPRINTS for Life*
- Training for Intervention Procedures (TIPS)*
- Lead& Seed**
- Power to be Drug Free

Additional Health Education

- Proper Hand Washing
- Making Healthy Choices
- Personal Health and Hygiene
- Communication is Key
- Sun Safety
- Dental Education
- What's Trending
- Stress Happens
- Your Perfect Match
- STD Knowledge is Key

*These are evidence -based prevention activities that research has shown to be effective.

** In conjunction with RWJBarnabas Institute for Prevention.

Programs can either be created or tailored to fit specific needs upon special request.

For program summaries, goals, and objectives please visit the Health Education section of our website at www.ochd.org.

To schedule a program please contact Health Education at (732)341-9700 ext. 7536

For more information:

Ocean County Health Department
175 Sunset Avenue • PO Box 2191
Toms River, New Jersey 08754
(732)341.9700 ext 7282/ext 7234

fitness healthy lifestyle DENTAL HEALTH Prevention HEALTH EDUCATION

Evan Washburn

From: Kenny, Michael [REDACTED]
Sent: Tuesday, April 18, 2017 3:18 PM
To: [REDACTED]; McKenna, Debbie; Shea, Cathy; Aulisi, Dawn; jmessina@trpolice.org; chief@trpolice.org; Lee; [REDACTED]; Kimberly Reilly; Mary Gibson; Jan Kirsten; Teresa Walsh; [REDACTED]
Subject: Team Blueprint

Hello again Substance Abuse Prevention Team,

Sorry I missed you all at yesterday's meeting—Toms River Regional Schools was still on spring break, and I wasn't yet ready to put a tie back on ... not even for a free lunch. But Jan shared with me some of the notes on our goals, and I attempted to implement them into the shared blueprint doc.

https://docs.google.com/document/d/1SwSS4zgYID4RV7vZJR04x2x7QgeUjU8_STpbIKNDDO/edit

If I may mention something about this doc ... I would refrain from using it as a medium for larger discussions about the issue for two reasons—a) that's what our meetings will be for; this document is instead a blueprint, and b) this is, by my estimation, and save for some elaboration of Goal 3, done. That said, since I wasn't there yesterday, I'm unsure of the next steps for submitting our blueprint. If anyone would like to take the lead on adding to Goal 3 and/or finalizing this for submission, please do.

Thank you all for your hard work, and I look forward to seeing you in the coming weeks and months!

Mike Kenny
Grant Writer
Toms River Regional Schools
o: 732-505-5539
[REDACTED]

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From: mkenney@trschools.com

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Evan Washburn

From: Lee [REDACTED]
Sent: Thursday, September 07, 2017 2:09 PM
To: kelli.chiarello@hackensackmeridian.org; [REDACTED]; chief@trtpolice.org; [REDACTED]; jmessina@trtpolice.org; [REDACTED]; Kimberly Reilly, Mary Gibson, jkirsten@ocean.edu, twalsh@ocean.edu, [REDACTED]
Cc: [REDACTED]
Subject: TRFH&S Substance Abuse Team Meeting Tuesday, September 12 at 9:30 am
Attachments: TRFHSC New Goal.docx

Hello All,

I hope this email finds you all well and that everyone has enjoyed their summer!

We will be having a TRFH&S Coalition Meeting on Tuesday, September 12, 2017 at 9:30 am at Chief Little's office located at 255 Oak Avenue, Toms River.

I know this email is a little lengthy, and I am going to be a bit forward by asking everyone to be ready at 9:30 to **finalize** our new goal on Tuesday. This means coming with all ideas on how to make it work! The deadline is extremely tight.

Several Updates:

1. The TRFH&S Blueprint is being revised and needs to be submitted to RWJF by the end of September!
- What that means to our Substance Abuse Team is that we need one new achievable and measurable goal.
- We will also need a second goal that will cross over with another team. We are lucky enough to be "crossing" with the Mental Health Team!
2. Each Team represented on the Coalition, such as myself, was assigned a co-leader. We are extremely lucky to have Kelli Chiarello, LCSW, OMC-SOMC Behavioral Health, Clinical Program Manager, Hackensack Meridian Health.
 3. We have a new addition to the Substance Abuse Team - Rachel O'Dea, BS, AMPT, DRCC, Director of Ocean County Office, Mental Health Association in New Jersey.

So, in preparation of this meeting, please review our new Goal outlined below:

Goal/Program Name: _____

Goal: Decrease adolescent substance abuse in the Toms River Community

Vision: A safe and drug free Toms River School System

Mission: To assist in promoting treatment, intervention and prevention services to those affected by substance abuse by training 2 students from every High School as Student Recovery Specialists (SRS)

Background: Available in all 50 states for adults, peer support is considered best practice by the Substance Abuse and Mental Health Administration (SAMHSA). Research shows that peer support:

- Reduces triggers and relapses
- Increases social support and participation in the community
- Increases access to substance abuse services
- Decreases length of inpatient treatment and cost of services
- Decreased stigma, improved self-esteem and social functioning

Why wouldn't we make this available to our youth community in an effort to combat the substance abuse epidemic in Ocean County?

Lee

Co-Leader

Substance Abuse Team

Toms River Family Health & Support

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Goal: Decrease adolescent substance abuse in the Toms River Community

Vision: A safe and drug free Toms River School System

Mission: To assist in promoting treatment, intervention and prevention services to those affected by substance abuse by training 2 students from every High School as Student Recovery Specialists (SRS) who will also be able to serve middle school students under the direction of the HS Student Assistance Coordinator (SAC)

Background: Available in all 50 states for adults, peer support is considered best practice by the Substance Abuse and Mental Health Administration (SAMHSA). Research shows that peer support:

-Reduces triggers and relapses

-Increases social support and participation in the community

-Increases access to substance abuse services

-Decreases length of inpatient treatment and cost of services

-Decreased stigma, improved self-esteem and social functioning

Why wouldn't we make this available to our youth community in an effort to combat the substance abuse epidemic in Ocean County?

Baseline: 0 SRS exist. Student Recovery Specialists (SRS) are volunteer students who have achieved recovery themselves or have achieved success coping with the addiction of their loved one. SRS will serve as recovery role models. They will receive specialized training preparing them to provide individual emotional support, information and links to substance abuse services and co-facilitate self-help groups as well as assist students transitioning back to school from inpatient substance abuse treatment. SRS will continue to train the next SRS' for the duration of the SRS program.

SRS will be given a designated area to meet with peers for 1 hour (or class period) 2x a week. One hour during class time, one after school. Days/times will be posted in schools. Students will be allowed to leave class to speak with the SRS "no questions asked." If the needs of the student exceed 1 hour or SRS capabilities, a "warm hand-off" will be given to school representative or co-facilitator. No student will be mandated to speak with SRS. Bimonthly meeting for all SRS, co-facilitators and students/families welcome to promote awareness and decrease stigma. Food will be provided by TRFHSC or local business.

Expected Outcome: (ask schools what best measure would be)

Decreased SAC caseload? Number of students and families served by SRS? Decreased overdoses? Decreased out of school suspensions for drug related issues? Decreased positive urines? Decreased inpatient substance abuse admissions?

Resource Assessment: Ocean County Mental Health Association/Hackensack-Meridian Health/Ocean County Health Department/Toms River Police Department-provide training for SRS and co-facilitators.

We have also reached out to oceancountyoungepeopleinrecovery.org and Pastor Paul Gifford who has been the Lead Pastor at First Assembly of God Church in Toms River since 2010, prior to this he led Teen Challenge after completing their program in 2001.

Funding Needed –

Finance: \$1400-MHA to provide training/co-facilitation to SRS, \$800 food for SRS facilitated meetings, \$500 scholarship for each SRS who completes the program.

NOTES:

Rachel will be able to give us a more solid number of how much we will need for training and co-facilitators once we firm up the plan; food is always up to discussion and I think \$500 is great for a scholarship. I think we could go to the middle schools and take to 8th graders at the end of the year who may be interested in the program and it can be mentioned at the elementary level in the programs already offered and through the Health Dept. so no one feels left out

Evan Washburn

From: Chiarello, Kelli <Kelli.Chiarello@hackensackmeridian.org>
Sent: Tuesday, September 26, 2017 2:41 PM
To: [REDACTED]; jkristen@ocean.edu; twalsh@ocean.edu; [REDACTED]; Lee, Kimberly
[REDACTED]; jmessina@trtpolice.org;
[REDACTED]; Reilly, [REDACTED]; Little, Mitch
Cc: [REDACTED]; Toni Lewis
Subject: Toms River Support & Health Coalition Update
Attachments: Health Improvement Team Goals.docx

This message was sent securely using ZixCorp.

Good Afternoon,

There have been several changes since the last Substance Abuse Subcommittee Meeting on 9/12. Lee Karen has stepped away as the Subcommittee Chair but will remain an active subcommittee member. I assumed the Chair position with Jill Messina as Co-Chair.

As of 9/12, the subcommittee had yet to produce realistic, measurable goals for this project. With the feedback Jill and I received after the meeting, we created the attached goals. They have room for some tweaking/additional ideas but they are this subcommittee's goals moving forward. The overwhelming consensus was the most imminent issue seen in our community is treatment not readily accessible to those suffering with Substance Use Disorder. These residents are often at the highest risk for overdose. We recognize the need for SUD education and will continue to overlap the Mental Health subcommittee who is heavily school based focused. Please review the attached goals, think about how you/your agency can contribute and provide feedback.

Attendance was low at today's meeting. If there is a more accommodating day/time, please let me know ASAP as we would like to reconvene in approximately 2 weeks. We also did not want to name the projects or create a hashtag without feedback from the group.

I look forward to your input.

Best,
Kelli Chiarello, LCSW
Clinical Program Manager
OMC-SOMC Behavioral Health



425 Jack Martin Blvd, Brick, NJ 08724

T: 732.836.4140 | F: 732.206.8397

E: Kelli.Chiarello@hackensackmeridian.org

HackensackMeridianHealth.org

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Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse	Inputs - Coalition Members - HMH - Mental Health Association - Blue HART - Volunteers - Hope Sheds light - TR Schools - OCHD	Short-Term - Volunteer recruitment for Peer Recovery Specialist Training - Hashtag begins on social media - Donations secured ie. Food, prizes, etc. for Day - Venue location secured for Day - Recruit Providers for provider fair at Day	1. Toms River is a safe and drug-free community. 2. Substance Abuse discussions openly and proactively received by all levels and sectors of the community. 3. ZERO deaths from drug overdose.
Program: _____ Project _____	Activities - SUD Awareness Day (could be in conjunction with MH Spirit Day) - Fund training 2 Recovery Specialists to respond to community - Social media campaign #recoveryispossible (???) - Participate in TR Schools Transitions Program to educate parents - Implement “Not Even One” in TR Schools - Attend School Board meetings to advocate for replication of Walnut St. Elementary Prevention Specialist	Mid-Term - Increased timely inpatient SUD admissions or appropriate outpatient referrals - New Recovery Specialist assisting underserved parts of community - Decrease caseload of school Substance Abuse Counselors - Decreased overdoses Long-Term - Zero overdoses - Decreased Substance Abuse stigma - Decreased substance abuse related crime - Readily available treatment for those suffering with SUD regardless of their ability to pay - Awareness Day proceeds funds the beds at church	

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse Goal #1 Create a safe haven (24-72hrs) for residents who are seeking Substance Use Disorder treatment	Inputs - Coalition Members - HMH - Mental Health Association - Blue HART - Local churches - TRPD - OCHD - Hope Sheds Light	Short Term - Evaluate living space similar to Interfaith Hospitality Network - Educate ERs on medical clearance for Project - Obtain needed items from Habitat for Humanity - Recruit local businesses for food/every day supplies donations Mid-Term - Decrease overdoses 24-72 hrs after seeking treatment - Decrease in substance use disorder patients holding in ER - Medical issues are identified and treated Long Term - Zero overdoses - Decreased substance abuse related crime - Readily available treatment for those suffering with SUD regardless of their ability to pay	1. Toms River is a safe and drug-free community. 2. Substance Abuse discussions openly and proactively received by all levels and sectors of the community. 3. ZERO deaths from drug overdose. 4. Healthier community
Program: _____ Project _____	Activities - Recruit church and outside volunteers to work on 2-4 short term interim space rooms - MHA Recovery Specialists to follow up with patients in safe haven - Blue HART to secure treatment facility		

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Evan Washburn

From: Chiarello, Kelli <Kelli.Chiarello@hackensackmeridian.org>
Sent: Tuesday, October 17, 2017 11:27 PM
To: jmessina@trpolice.org; [REDACTED] jkirsten@ocean.edu; twalsh@ocean.edu; [REDACTED] Lee, Kimberly
Reilly; [REDACTED] Little, Mitch; [REDACTED] Cynthia Kelly; Veith,
Kim; Rodenbaugh, Kennen G [REDACTED] Toni Lewis
Cc: TRSHC Substance Abuse Subcommittee
Subject: Health Improvement Team Goals.docx; PROJECTAWARESURVEYRESULTS2016.docx
Attachments:

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Attached updated goals.

10/10/17 Meeting recap:
Project was named! "Somewhere to Go "
#someretogo
Thank you Mike!

How will we measure Awareness Day?

1. **Promotion of online SA Awareness Day event registration at _____**
Promote yearly registration by sharing the online info with partners and supporters to reach a greater audience. Also, to increase registration, we can offer early bird prizes to those who submitted registration up to three weeks in advance of SA Awareness Day.
2. **Creation of hashtag: #someretogo**
Promote the #someretogo hashtag and encourage groups/individuals to post about how they were celebrating SA Awareness Day.
3. **Tracking media mentions of Substance Abuse Awareness Day**
Through media monitoring, we will be able to keep track of SA Awareness Day.

By measuring engagement in the ways described above, SA committee will be able to efficiently quantify engagement. Examples:

- The #someretogo hashtag was used 447 times on Facebook/Instagram during the month of June.
- Based on registration feedback, SA committee has determined that on average 50 more families participated in SA Awareness Day (up 75 from prior year), which shows this event is growing in size and reach.
- One hundred percent of registration respondents indicated that they planned to participate in SA Awareness Day again in 2019.

Volunteers needed to create Facebook and Instagram page and simple registration link.

Chief Little and I are meeting with Pastor Paul Gifford 10/26 to secure another safe haven option.

Kim Veith reaching out to Barbara Miles for more safe haven options.

Pete Rosario offered YMCA as a venue for Awareness Day. TR School also an option.

Jill Messina will work on cost estimation for Awareness Day activities.

Cindy Kelly reaching out Interfaith Hospitality Network to estimate cost for safe haven needs/supplies.

Rachel O'Dea supplied cost to train Recovery Specialists. \$900 per specialist.

Dawn Aulisi will assist in Sober Teen Drop In night. Should we start with once a month? 4x a year? I am willing to supervise at least one night. Please visit www.oneighty.com for example.

Regina Carr will promote and secure prize donations. Additional volunteers for donations?

Mike Kenny will promote through schools, assist with any additional funding proposals.

I am extremely proud to introduce Ken Rodenbaugh, RN to the coalition. Ken is in recovery and one of the best RNs I've known in my career even throughout his active addiction. I have worked with Ken in ERs for the past 7 yrs and was fortunate to witness him facilitate Project Aware at Southern Ocean Medical Center. Project Aware is for 6th grade and has been successful in Stafford for 18 yrs. www.njsba.org Toms River would benefit from this project. More about Ken www.yesyoucanRN.com

NJSBA.org - New Jersey School Boards Association

www.njsba.org

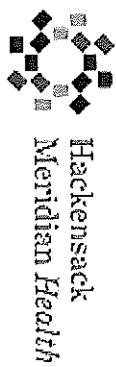
Measuring the impact of Project Aware will be simple as they already have a survey. I have attached it for your review.

Please forgive me if I left anyone/anything out. All feedback/ideas are welcome.

Please let me know if you're availability to meet 10/30/17 10am at Toms River PD.

Best,

Kelli Chiarello, LCSW
Clinical Program Manager
OMC-SOMC Behavioral Health



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Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse Goal #2 Promote positive Substance Use Disorder remission and early intervention programs Program: Somewhere to Go	Inputs - Coalition Members - HMH - Mental Health Association - Blue HART - Volunteers - Hope Sheds Light - TR Schools - OCHD Activities - SUD Awareness Day (could be in conjunction with MH Spirit Day) - Fund training 2 Recovery Specialists to respond to community - Social media campaign #somewheretogo - Participate in TR Schools Transitions Program to educate parents - Implement “Project Aware” in TR Schools. - Create sober teen Drop In Center	Short-Term - Volunteer recruitment for Peer Recovery Specialist Training - Hashtag begins on social media - Donations secured ie. Food, prizes, etc. for Day - Venue location secured for Day - Recruit Providers for provider fair at Day - Venue/Staffing for sober teen Drop In Center Mid-Term - Increased timely inpatient SUD admissions or appropriate outpatient referrals - New Recovery Specialist assisting underserved parts of community - Decrease caseload of school Substance Abuse Counselors - Decreased overdoses Long-Term - Zero overdoses - Decreased Substance Abuse stigma - Decreased substance abuse related crime - Readily available treatment for those suffering with SUD regardless of their ability to pay	- Toms River is a safe and drug-free community. - Substance Abuse discussions openly and proactively received by all levels and sectors of the community. - ZERO deaths from drug overdose.

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
		Awareness Day proceeds funds the beds at church	

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse Goal #1 Create a safe haven (24-72hrs) for residents who are seeking Substance Use Disorder treatment	Inputs - Coalition Members - HMH - Mental Health Association - Blue HART - Local churches - TRPD - OCHD - Hope Sheds Light	Short Term - Evaluate living space similar to Interfaith Hospitality Network - Educate ERs on medical clearance for Project - Obtain needed items from Habitat for Humanity - Recruit local businesses for food/every day supplies donations	1. Toms River is a safe and drug-free community. 2. Substance Abuse discussions openly and proactively received by all levels and sectors of the community. 3. ZERO deaths from drug overdose. 4. Healthier community
Program: Somewhere to Go	Activities - Recruit church and outside volunteers to work on 2-4 short term interim space rooms - MHA Recovery Specialists to follow up with patients in safe haven - Blue HART to secure treatment facility	Mid-Term - Decrease overdoses 24-72 hrs after seeking treatment - Decrease in substance use disorder patients holding in ER - Medical issues are identified and treated Long Term - Zero overdoses - Decreased substance abuse related crime - Readily available treatment for those suffering with SUD regardless of their ability to pay	

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Survey Results for Project Aware 2016
Stafford Intermediate School

287 total received

Should PA be performed every year?
 284 Yes
 3 No

Do you feel the stage skit was realistic?
 275 Yes
 11 No
 1 Blank

could you hear the actor's on stage?
 279 Yes
 5 No
 3 blank

Did you feel the Emergency Room re-enactment was realistic?
 271 Yes
 13 No
 3 Blank

Did Officer Fritz, Nurse Ken and the EMS squad answer questions you might have thought of during the re-enactment?
 267 Yes
 15 No
 5 blank

Do you feel you will ever be in a situation like the party skit?
 119 Yes
 164 No
 1 blank

Do you feel Project Aware will help you make the "right" decision in the future?
 286 Yes
 1 No

Did someone tell you what was going to happen to "David" before you went to the hospital?
 46 Yes
 239 No
 2 blank

Do you feel Mrs. Horner should return next year and share this with the future sixth graders?
 285 Yes
 2 No

What questions do you still have about what you saw and heard?

What was Mrs. Horner's message during Monday's assembly?

See Survey for results on these questions.

https://docs.google.com/a/staffordschools.org/spreadsheets/d/1y9gyW3Nb0Yo_hDrsFr0JLMaAUonXRysAU6lpBuMwSw/edit?usp=sharing

Evan Washburn

From: Chiarello, Kelli <Kelli.Chiarello@hackensackmeridian.org>
Sent: Monday, October 30, 2017 11:19 PM
To:

Cc: jmessina@trtpolice.org; [kirsten@ocean.edu; twalsh@ocean.edu; Lee, Kimberly
Subject: Reilly; [redacted] Little, Mitch; Cynthia Kelly; Veith,
Attachments: Kim; [redacted] Heather Barber; [redacted]
oceancountynj@youngpeopleinrecovery.org; Noelle Carino
[redacted]; Toni Lewis
TRSHC MEETING RECAP
Substance Abuse Logic Model.docx

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Hi Team,

Next Meeting: Monday 11/20/17, 10am Toms River Police Department

Ken Rodenbaugh, RN, CARN, CEN gave an overview of Project Aware and the impact it has made in Stafford Twship for 17 years. Mike Kenny has already reported back that TR Schools have concerns on implementing Project Aware. They are not rejecting the idea but district representatives would like to witness the program in April before committing to it.

We could also propose Project Aware to Monsignor Donovan.

Ken will get outline to me for needed items to complete Project Aware. Subcommittee explored adaptations to keep cost down and ease to replicate.

Kim Veith will attend and represent TRSHC at the November 8th Clergy meeting to explore additional churches for safe haven. 2 churches on board with minimal start up cost required.

Awareness Day will be held as part of Healthy Kids Day at YMCA at end of April. Thanks Pete!

Kimberly Reilly stated that the OCHD/IDRC would be willing to provide many of the activities for the day. Hashtag still needed for day. Volunteers for day. Prizes/Giveaways. Secure providers for Provider Fair. Pete-What is the exact date in April?

Jill-anything that you think is an absolute must have for Awareness Day and approx. cost?

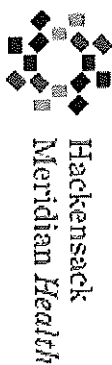
Ken reached out to Base Camp who said that they would be happy to host #ratherbe Night for sober teens (Thanks to Kim Reilly for the hashtag). Lindsay will reach out to Donna at youngpeopleinrecovery.org to see if they'd like to be a part of our #ratherbe movement. Kim R. will reach out to the Municipal Alliance as the subject of promoting local business and positive teen interaction has been a mentioned goal of their own as well. Noelle Carino was unable to attend this meeting but may have additional input. Lindsay suggested JBI Soul Kitchen or Hope Sheds Light office depending on turnout numbers. Ken will reach out to Wellspring Church as well.

Volunteers needed to create Facebook/IG social media for #somewhere2go #ratherbe and registration link.

Thank you all for your time and ideas. I have updated and attached the logic model. The inputs and activities may change as we cipher out what will and won't work but our common goals remain the same. We may have years to measure this project but people in our community are dying every day. I'm not suggesting we have a cure, but it would be amazing to say we are making a steady impact.

Best,

Kelli Chiarello, LCSW
Clinical Program Manager
OMC-SOMC Behavioral Health



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Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse Goal #1 Create a short-term safe haven (24-72hrs) for residents who are seeking Substance Abuse treatment. Program: #Somewhere2Go #SomewhereToGo	Inputs - Coalition Members - Mental Health Association (MHA) - Blue HART (Heroin Assistance Recovery Team) - Volunteers - Faith-Based Institutions - Hackensack Meridian Health - Funding for Living Spaces Activities - Recruit church and outside volunteers to work on 2-4 short-term interim space rooms. - Educate Ocean Medical Center (OMC) Emergency Room staff on medical clearance for #Somewhere2Go - MHA Recovery Specialists to follow up with patients. - Financially support 2 new MHA Recovery Specialists to respond to the community (<i>supports Goal #2, as well</i>) - Blue HART to place patients in treatment. - Obtain needed items from Habitat for Humanity.	Short Term - Living space available for short-term safe haven, similar to Interfaith Hospitality Network - Increased knowledge of OMC Emergency Room staff on medical clearance for #Somewhere2Go. Mid-Term - Decrease incidents of overdose Narcan Saves (221 – Baseline). - OMC Model replicated at Community Medical Center (CMC). - Increase in the number of Recovery Specialists assisting underserved parts of the community. - Decrease in Substance Use Disorder (SUD) patients holding in Emergency Room. - Medical issues are identified and treated. Long Term - Blue Hart program implemented with the Toms River Police Dept. - Zero overdoses - Decrease Substance Abuse stigma - Decrease Substance Abuse related crime - Readily available treatment for those suffering with SUD regardless of their ability to pay	- Toms River is a safe and drug-free community. - Substance Abuse discussions are openly and proactively received by all levels and sectors of the community. - ZERO deaths from drug overdose.

Health Improvement Team Goals

Toms River Family Health and Support Coalition

Team Name - Goal/Program	Inputs/Activities	Outcomes Short – Mid – Long-Term	Impact
Substance Abuse Goal #2 Increase Awareness and Early Intervention Resources for Youth and Parents (Targeting ages 8-11) Program: #ratherbe	Inputs - Coalition Members - Mental Health Association (MHA) - Volunteers - Hackensack Meridian Health - Community Organizations - TR Schools - Financial Resources Activities - Awareness Day in the end of April (potentially in conjunction with MH Spirt Day) - Financially support 2 new MHA Recovery Specialists to respond to the community (<i>supports Goal #1, as well</i>) - Social media campaign - Participate in Toms River Schools “<i>Transitions Program</i>” to educate parents - Implement “<i>Project Aware</i>” in Toms River Schools - Attend School Board meetings to advocate for replication of Walnut St. Elementary Prevention Specialist	Short-Term - Increase awareness through launch of Social Media Campaign and 1st Annual Awareness Day Mid-Term - Increase in the number of Recovery Specialists assisting with school-based and community activities. - Increase inpatient admissions or appropriate outpatient referrals. - Decrease caseload of school Substance Abuse Counselors. - Decrease overdoses. Long-Term - Increase in the number of Elementary Prevention Specialists in Toms River Schools - Decreased overdoses - Decreased Substance Abuse stigma - Decreased substance abuse related crime - Readily available treatment for those suffering with Substance Use Disorder (SUD) regardless of their ability to pay - Awareness Day proceeds fund safe haven	- Toms River is a safe and drug-free community. - Substance Abuse discussions are openly and proactively received by all levels and sectors of the community. - ZERO deaths from drug overdose.