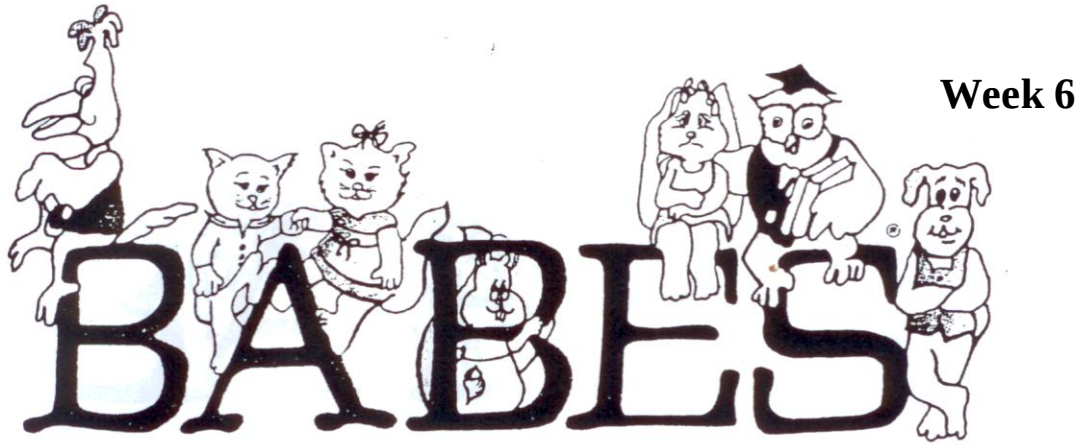




**Donovan Dignity and the BABES Club friends say,**

**When you don't know what to do, here's an easy 1-2-3 way:**

**Step 1: I will look out for myself.**

**Step 2: I will decide for myself.**

**Step 3: I will ask for help for myself.**

Dear Parents/Guardians:

Today, students were introduced to a new puppet character, Rhonda Rabbit. She comes from a home that has many problems. Children often feel responsible when there are problems at home, such as family illness, financial problems or alcohol and other drug problems.

The children were taught that these problems are not their fault; all families can go through tough times. The children also learned about ways in which they can help themselves and who can give them help if it is needed.

You can reinforce these lessons by talking to your children about problems in the home as they arise. It is better for them to hear about these things from you. Otherwise children can make their own conclusions about things.

Today's story also touched on how children can keep themselves safe from inappropriate behavior by adults. They learned about "good touch" and "bad touch" in a simple non-threatening way. It is never too soon to talk to your children about these issues as well.